

**Each entrée comes with the following:**

\*1/2 Cup Vegetable, 1/2 Cup canned fruit,  
or Fresh fruit and/or 4oz. 100% Juice box  
\*8oz 1% Low Fat White or 0% Chocolate  
milk

\*\*Students have a choice of 5 lunch items,  
But MUST choose at least 3.

**Daily Menu:**

**Lunch Special of the Day**  
**Peanut Butter & Jelly Sandwich**  
**Romaine Salad Mix w/Meat & Cheese**  
**w/WG Roll**

**READING EDGE ACADEMY**  
&  
**SAMSULA ACADEMY**

September 2017  
Lunch Menu



Lunch prices are as follows:

Students: \$2.40

Adults: \$3.25

Small water: \$50 cents

Large Water: \$1.00

Extra Entrée 1.50

(CN)= Child Nutrition

(WG)= Whole Grain

	TUES	WED	THURSDA	F
<p>28</p> <p>(WG) Chicken Tender w/ Bread Stick</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Pinto Beans / Cucumbers Pears Or Pineapples</p>	<p>29</p> <p>(WG) Cheese Filled Bread Stick/ Marinara Sauce</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Broccoli / Cucumbers Fruit Cocktail Or Mandarin Oranges (WG) Pretzel Stick</p>	<p>30</p> <p>(WG) Breaded Chicken Sandwich</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole wheat PBJ</p> <p><b>Sides:</b> Steamed Zucchini / Cucumbers Fresh Grapes Or 100% Juice (WG) Pretzel Stick</p>	<p>31</p> <p>(WG) Chicken Corn Dog</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Fresh Zucchini / Carrot Sticks Peaches Or Apple Sauce (WG) Pretzel Stick</p>	<p>09/01</p> <p><b>Professional Development Day Student Holiday</b></p>
<p>04</p> <p><b>Labor Day Student Holiday</b></p>	<p>05</p> <p><b>Taco Tuesday !!</b> <b>6 · Hard Shell Corn Taco</b></p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Pinto Beans / Cucumbers Pears Or Mandarin Oranges (WG) Pretzel Stick</p>	<p>06</p> <p>(WG) Turkey Hot Dog/ Crackers</p> <p>Cheese &amp; Cheese &amp; Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Steamed Broccoli / Cucumbers Fresh Banana's Or Strawberry Banana Apple Sauce (WG) Pretzel Stick</p>	<p>07</p> <p>(WG) Hamburger</p> <p>Chicken &amp; Cheese Salad / WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Spinach / Cucumbers Fruit Cocktail Or Pineapples (WG) Pretzel Stick</p>	<p>08</p> <p>(WG) Chicken Nuggets</p> <p>Chicken &amp; Cheese Salad / WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Corn / Carrot Sticks Fresh Apples Or 100% Juice (WG) Pretzel Stick</p>
<p>11</p> <p>(Backwards Day)</p> <p>(WG) Mini Blueberry Pancakes</p> <p>Chicken &amp; Cheese Salad /WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Green Beans / Cucumbers Peaches Or Mandarin Oranges (WG) Strawberry Graham Cracker</p>	<p>12</p> <p>(WG) Chicken Corn Dog</p> <p>Chicken &amp; Cheese Salad /WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Pinto Beans / Carrot Sticks Pears Or Fruit Cocktail</p>	<p>13</p> <p>(WG) Mac &amp; Cheese/ Bread Stick</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Broccoli / Carrot Sticks Fresh Banana Or 100% Juice</p>	<p>14</p> <p>Beef Ravioli/ Garlic Bread</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Fresh Zucchini / Cucumbers Peaches Or Pineapples (WG) Pretzel Stick</p>	<p>15</p> <p>(WG) Chicken Nuggets</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Corn / Cucumbers Tropical Fruit Or 100% Juice (WG) Pretzel Stick</p>
<p>18</p> <p>(WG) Chicken Tender w/ Bread Stick</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Green Beans / Carrot Sticks Fruit Cocktail Or Mandarin Oranges (WG) Pretzel Stick</p>	<p>19</p> <p>(WG) Mini Pizza Bites w/Marinara Sauce</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Mixed Veggies / Cucumbers Applesauce or Pears (WG) Pretzel Stick</p>	<p>20</p> <p>(WG) Breaded Chicken Sandwich</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole wheat PBJ</p> <p><b>Sides:</b> Fresh Zucchini / Cucumbers Peaches Or Pineapples (WG) Pretzel Stick</p>	<p>21</p> <p>(WG) Turkey Hot Dog/ Crackers</p> <p>Cheese &amp; Cheese &amp; Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Pinto Beans / Carrot Sticks Peaches or Pineapples</p>	<p>22</p> <p>(WG) Chicken Nuggets</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Corn / Cucumbers Fresh Oranges Or 100% Juice (WG) Pretzel Stick</p>
<p>25</p> <p>(WG) Turkey Meatball Sub</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Green Beans / Cucumbers Fresh Oranges or 100% Fruit Juice</p>	<p>26</p> <p><b>Taco Tuesday !!</b> <b>6 · Hard Shell Corn Taco</b></p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Pinto Beans / Cucumbers Peaches or Applesauce</p>	<p>27</p> <p>(WG) Mac &amp; Cheese/ Bread Stick</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Broccoli / Carrot Sticks Pineapples or Pears (WG) Pretzel Stick</p>	<p>28</p> <p>(WG) Hamburger</p> <p>Chicken &amp; Cheese Salad / WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Mixed Veggies / Carrot Sticks Fruit Cocktail Or Mandarin Oranges (WG) Graham Cracker</p>	<p>29</p> <p>(WG) Chicken Nuggets</p> <p>Chicken &amp; Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p><b>Sides:</b> Corn / Cucumbers Fresh Apples Or 100% Juice (WG) Pretzel Stick</p>

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