

Monday

Chicken Tenders w/WG Bread Stick 2

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Green Beans / Cucumbers
 Fruit cocktail or Mandarin Oranges
 (WG) Graham Cracker

Chicken Nuggets 9

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Green Beans / Cucumbers
 Fresh Oranges or 100% Fruit Juice
 (WG) Graham Cracker

Chicken Tenders with WG Bread Stick 16

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Garbanzo Beans / Cucumbers
 Peaches or Pineapples
 (WG) Graham Cracker

(Backwards Day) (WG) Mini Blueberry Pancakes 23

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Green Beans / Cucumbers
 Fresh Oranges or Fruit Juice
 (WG) Graham Cracker

(WG) Stuffed Shells In Marinara Sauce 30

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Green Beans / Cucumber
 Apple Sauce or Peas
 (WG) Graham Cracker

Tuesday

Salisbury Steak 3

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Mixed Vegetables / Carrot Sticks
 Apple Sauce or Peas
 (WG) Pretzel Stick

Taco Tuesday !! Seasoned Turkey on 6" Hard Taco Shell 10

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Garbanzo Beans / Cucumbers
 Peaches or Applesauce

(WG) Cheese Filled Bread Stick With Marinara Sauce 17

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Broccoli / Cucumbers
 Fruit Cocktail or Mandarin Oranges
 (WG) Pretzel Stick

Taco Tuesday !! **6 * Whole Wheat Soft Taco 24**

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Garbanzo Beans / Carrot Sticks
 Peaches or Peas

Wednesday

(WG) Breaded Chicken Sandwich 4

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Fresh Zucchini / Cucumbers
 Fresh Grapes or 100% Fruit Juice

(WG) Mac & Cheese With Bread Stick 11

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Broccoli / Cucumbers
 Pineapples or Peas
 (WG) Pretzel Stick

(WG) Breaded Chicken Sandwich 18

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Mixed Vegetables/ Carrot Sticks
 Fresh Grapes or 100% Fruit Juice

(WG) Chicken Hot Dog With Teddy Grahams 25

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Steamed Broccoli / Cucumber
 Banana's or Strawberry Banana Apple Sauce
 (WG) Pretzel Stick

Thursday

(WG) Turkey Hot Dog With Teddy Grahams 5

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Garbanzo Beans / Carrot Sticks
 Peaches or Pineapples
 (WG) Graham Cracker

(WG) Hamburger 12

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Mixed Veggies / Carrot Sticks
 Fruit Cocktail or Mandarin Oranges
 (WG) Graham Cracker

(WG) Chicken Corn Dog With Teddy Grahams 19

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Green Beans / Carrot Sticks
 Peaches or Apple Sauce
 (WG) Graham Cracker

Hamburger 26

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Fresh Zucchini / Carrot Sticks
 Fruit Cocktail or Pineapples
 (WG) Graham Cracker

Friday

(WG) Cheese Pizza 6

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Corn / Cucumbers
 Fresh Oranges or 100% Fruit Juice
 (WG) Graham Cracker

(WG) Cheese Pizza 13

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Corn / Cucumbers
 Fresh Apples or 100% Fruit Juice

(WG) Cheese Pizza 20

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Corn / Cucumbers
 Fresh Oranges or 100% Fruit Juice
 (WG) Graham Cracker

(WG) Cheese Pizza 27

Chicken & Cheese Salad with WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Corn / Carrot Sticks
 Fresh Apples or 100% Fruit Juice

Each Day each entrée comes with the following:

*½ Cup Vegetable, ½ Cup Canned Fruit or Fresh Fruit and/or 4oz. 100% Juice Box

*8oz. 1% Low Fat White Milk or 0% Chocolate Milk

*Students have a choice of 5 Lunch items, but **MUST** choose at least 3.

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