

**Each entrée comes with the following:**

\*1/2 Cup Vegetable, 1/2 Cup canned fruit,  
or Fresh fruit and/or 4oz. 100% Juice box  
\*8oz 1% Low Fat White or 0% Chocolate  
milk

\*\*Students have a choice of 5 lunch items,  
But MUST choose at least 3.

**Daily Menu:**

**Lunch Special of the Day**  
**Peanut Butter & Jelly Sandwich**  
**Romaine Salad Mix w/Meat & Cheese**  
**(WG) Roll**

**READING EDGE ACADEMY**

**&**

**SAMSULA ACADEMY**

**November  
Lunch Menu**



**Lunch prices are as follows:**

Students: \$2.50

Adults: \$3.25

Extra Enr'ee 1.50

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

Mon	TUES	WED	THURS	FRI
<b>11/05</b>  <b>Chicken Tenders/ WG Roll</b>  Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Green Beans/ Carrot Sticks Fruit cocktail Or Mandarin Oranges (WG) Graham Cracker	<b>06</b> <b>Backwards Day!</b>  <b>(WG) Chocolate French Toast/Syrup</b>  Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Mixed Vegetables/ Carrot sticks Apple Sauce Or Pears (WG) Graham Cracker	<b>07</b>  <b>(WG) Breaded Chicken Sandwich</b>  Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ  <b>Sides:</b> Fresh Zucchini / Cucumbers Fresh Grapes or 100% Juice	<b>08</b>  <b>(WG) Turkey Hot Dog/ Cracker</b>  Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Garbanzo Beans/ Carrot Sticks Peaches or Pineapples	<b>09</b>  <b>(WG) Cheese Pizza</b>  Chicken & Cheese Salad/ WG Roll (CN)Whole Wheat PBJ  <b>Sides:</b> Corn / Carrot Sticks Fresh Oranges or 100% Fruit Juice (WG) Graham Cracker
<b>12</b>  <b>Veterans Day Holiday</b>	<b>13</b> <b>Taco Tuesday !!</b>  Seasoned Turkey on 6" Hard Taco Shell  Chicken & Cheese Salad/WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Garbanzo Beans / Cucumbers Peaches Or Applesauce	<b>14</b>  <b>(WG) Mac &amp; Cheese/ Bread Sick</b>  Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Broccoli/ Cucumbers Pineapples Or Pears (WG) Pretzel Stick	<b>15</b>  <b>(WG) Hamburger</b>  Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Mixed Veggies /Carrot Sticks Fruit Cocktail/ Mandarin Oranges (WG) Graham Cracker	<b>16</b>  <b>(WG) Cheese Pizza</b>  Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Corn / Carrot Sticks Fresh Apples Or 100% Juice (WG) Graham Cracker
<b>19</b>  <b>Thanksgiving Holiday</b>	<b>20</b>  <b>Thanksgiving Holiday</b>	<b>21</b>  <b>Thanksgiving Holiday</b>	<b>22</b>  <b>Thanksgiving Holiday</b>	<b>23</b>  <b>Thanksgiving Holiday</b> <b>Classes Resume 11/26/2018</b>
<b>26</b> <b>(WG) Chicken Nuggets</b>  Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Green Beans/ Cucumbers Fresh Oranges Or Juice (WG) Graham Cracker	<b>27</b> <b>Taco Tuesday !!</b> Seasoned Turkey on 6" Hard Shell Taco**  Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Garbanzo Beans / Carrot Sticks Peaches Or Pears	<b>28</b> <b>(WG) Turkey Hot Dog/ Crackers</b>  Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Steamed Broccoli / Cucumber Fresh Banana's Or Strawberry Apple Sauce (WG) Pretzel Stick	<b>29</b> <b>(WG) Hamburger</b>  Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Fresh Zucchini /Carrot Sticks Fruit Cocktail Or Pineapples (WG) Graham Cracker	<b>30</b>  <b>(WG) Cheese Pizza</b>  Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ  <b>Sides:</b> Corn / Carrot Sticks Fresh Apples or 100% Juice