

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 5 lunch items,
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
w/WG Roll

READING EDGE ACADEMY

&

SAMSULA ACADEMY

Breakfast Menu

2018/2019

November



Lunch prices are as follows:

Students: \$1.50

Adults: \$2.00

Xtra Entr'ee 1.00

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

MON	TUES	WED	THURS	FRI
<p>29</p> <p>Whole Wheat Bagel With Jelly, Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>	<p>30</p> <p>(WG) Banana Bread Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice</p>	<p>31</p> <p>(WG) Strawberry Pop Tart Scrambled Eggs, Chicken Bacon, Or Assorted (WG) Cerealk</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Tomato Soup</p>	<p>01</p> <p>Scrambled Eggs, Chicken Bacon, (WG) Roll, Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Tomato Soup</p>	<p>02</p> <p>(WG) Corn Muffin Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>
<p>05</p> <p>(WG) French Toast Sticks Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soupo</p>	<p>06</p> <p>(WG) Egg Sandwich/ Bacon/Roll Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice</p>	<p>07</p> <p>(WG) Cinnamon Raisin Bagel With Jelly, Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>	<p>08</p> <p>(WG) Mini Waffles Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>	<p>09</p> <p>(WG) Cinnamon Roll Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice</p>
<p>12</p> <p>Veterans Day Student Holiday</p>	<p>13</p> <p>(WG) Cinnamon Granola Bar Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice V8 Juice</p>	<p>14</p> <p>Scrambled Eggs, Chicken Bacon (WG) Roll, Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Tomato Soup</p>	<p>15</p> <p>(WG) Banana Bread Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>	<p>16</p> <p>(WG) Cinnamon Raisin Bagel Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice WG Pretzel Stick</p>
<p>Thanksgiving Holiday Begins</p>	<p>Thanksgiving Holiday Begins</p>	<p>Thanksgiving Holiday Begins</p>	<p>Thanksgiving Holiday Begins</p>	<p>Thanksgiving Holiday Begins Classes Resume Monday 11/26/2018</p>

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