

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 5 lunch items,
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
(WG) Roll

READING EDGE ACADEMY
&
SAMSULA ACADEMY

May 2019
Lunch Menu



Lunch prices are as follows:

Students: \$2.50
Adults: \$3.25
Extra Enr'ee 1.50
Small water: \$50 cents
Large Water: \$1.00
(CN)= Child Nutrition
(WG)= Whole Grain

Mon	TUES	WED	THURS	FRI
		05/01 (WG) Breaded Chicken Sandwich Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ <u>Sides:</u> Fresh Zucchini/ Cucumbers Fresh Grapes or 100% Juice (WG) Pretzel Stick	02 (WG) Turkey Hot Dog/ Crackers Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Green Beans/ Carrot Sticks Peaches or Apple Sauce (WG) Pretzel Stick	03 (WG) Cheese Pizza Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Corn / Carrot Sticks Fresh Apples or 100% Fruit Juice
06 (WG) Turkey Meatball Sub Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Green Beans/ Cucumbers Fresh Oranges Or Juice (WG) Pretzel Stick	07 Taco Tuesday !! Seasoned Turkey on 6 ' Hard Shell Taco** Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Garbanzo Beans / Cucumbers Peaches Or Apple Sauce	08 (WG) Mac & Cheese/ Breadstick Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Steamed Broccoli/ Carrot Sticks Pineapples Or Pears (WG) Pretzel Stick	09 (WG) Hamburger Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Mixed Vegetable/ Carrots Fruit Cocktail Or Mandarin Oranges (WG) Pretzel Stick	10 (WG) Cheese Pizza Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Corn / Carrot Sticks Fresh Apples or 100% Juice
13 (WG) Chicken Nuggets Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Garbanzo Beans/ Cucumbers Pears Or Pineapples	14 BBQ Chicken Sandwich/ WG Roll Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Broccoli / Carrot Sticks Mandarin Oranges Or Fruit cocktail	15 (WG) Chocolate Chip French Toast/ Turkey Sausage link Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Mixed Vegetables/ Cucumbers Fresh Grapes Or 100% Juice (WG) Pretzel Stick	16 (WG) Chicken Corn Dog Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Green Beans/ Carrot Sticks Peaches Or Pineapples (WG) Pretzel Stick	17 (WG) Cheese Pizza Cheese Salad/ WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Corn / Carrot Sticks Fresh Apples Or 100% Juice
20 (WG) Chicken Tenders/ WG Bread Breadstick Chicken & Cheese salad (CN) Whole Wheat PBJ <u>Sides:</u> Mixed Vegetables/ Carrot Sticks Pears Or Pineapples	21 (WG) Mac & Cheese/ Breadstick Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Garbanzo Beans / Cucumbers Mandarin Oranges Or Fruit Cocktail	22 (WG) Breaded Chicken Sandwich Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ <u>Sides:</u> Fresh Zucchini/ Cucumbers Fresh Grapes or 100% Juice (WG) Pretzel Stick	23 (WG) Turkey Hot Dog/ Crackers Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Green Beans/ Carrot Sticks Peaches or Apple Sauce (WG) Pretzel Stick	24 (WG) Cheese Pizza Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Corn / Carrot Sticks Fresh Apples or 100% Fruit Juice
Memorial Day Holiday	28 Taco Tuesday !! Seasoned Turkey on 6 ' Hard Shell Taco** Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Garbanzo Beans / Cucumbers Peaches Or Apple Sauce	29 (WG) Beef & Bean Burrito Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Steamed Zucchini / Cucumber Pineapples Or Pears (WG) Pretzel Stick	30 Pot Luck Students choice/ Variety Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Mixed Vegetable/ carrots Fruit Cocktail Or Mandarin Oranges	31 (WG) Cheese Pizza Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ <u>Sides:</u> Corn / Carrot Sticks Fresh Apples or 100% Juice