

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 5 lunch items,
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
(WG) Roll

READING EDGE ACADEMY
&
SAMSULA ACADEMY

March 2019
Lunch Menu



Lunch prices are as follows:

Students: \$2.50
Adults: \$3.25
Extra Enr'ee 1.50
Small water: \$50 cents
Large Water: \$1.00
(CN)= Child Nutrition
(WG)= Whole Grain

Mon	TUES	WED	THURS	FRI
03/04 (WG) Turkey Meatball Sub Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Green Beans/ Cucumbers Fresh Oranges Or Juice (WG) Pretzel Stick	05 Taco Tuesday !! Seasoned Turkey on 6 ' Hard Shell Taco** Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ Sides: Garbanzo Beans / Cucumbers Peaches Or Apple Sauce	06 (WG) Breaded Chicken Sandwich Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ Sides: Fresh Zucchini/ Cucumbers Fresh Grapes or 100% Juice (WG) Pretzel Stick	07 (WG) Hamburger Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Mixed Vegetable/ carrots Fruit Cocktail Or Mandarin Oranges (WG) Pretzel Stick	08 (WG) Cheese Pizza Chicken & Cheese Salad/ WG Roll (CN)Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples or 100%
11 (WG) Chicken Tenders/ WG Bread Breadstick Chicken & Cheese salad (CN) Whole Wheat PBJ Sides: Green Beans/ Carrot Sticks Pears Or Pineapples	12 (WG) Turkey Hot Dog/ Crackers Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ Sides: Fresh Zucchini/ Cucumbers Mandarin Oranges Or Apple Juice	13 (WG) Cheese Pizza Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Grapes Or Juice (WG) Pretzel Stick	14 (WG) Chicken Nuggets Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Mixed Vegetables/ Carrot Sticks Peaches or Apple Sauce	15 Teacher Duty day/ Student Holiday
18 Spring Holiday Begins	19 Spring Break	20 Spring Break	21 Spring Break	22 Classes Resume 03/25/2019
25 Chicken Tenders/ WG Bread Stick Chicken & Cheese salad (CN) Whole Wheat PB Sides: Green Beans/ Carrot Sticks Pears Or Pineapples	26 (WG) Mac & Cheese Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Fresh Broccoli/ Cucumbers Fruit Cocktail/ Mandarin Oranges (WG) Pretzel Stick	27 (WG) Breaded Chicken Sandwich Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Grapes Or Juice (WG) Pretzel Stick	28 (WG) Hamburger Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Garbanzo Beans/ Carrot Sticks Peaches or Apple Sauce (WG) Pretzel Stick	29 (WG) Cheese Pizza Chicken & Cheese Salad/ WG Roll (CN)Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples or 100% Fruit Juice

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