

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 5 lunch items,
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
w/WG Roll

READING EDGE ACADEMY
&
SAMSULA ACADEMY

August 2017-18
Lunch Menu



Lunch prices are as follows:

Students: \$2.40

Adults: \$3.25

Small water: \$50 cents

Large Water: \$1.00

Extra Entrée 1.50

(CN)= Child Nutrition

(WG)= Whole Grain

	TUES	WED	THURS	FRI
08/14 Chicken Tender/ (WG) Garlic Bread Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Green Beans/ Carrot Sticks Fruit cocktail Or Mandarin Oranges (WG) Pretzel Stick	15 Mini Pizza Bites/ Cheese Marinara Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Mixed Vegetables/ Cucumbers Apple Sauce Or Pears (WG) Pretzel Stick	16 (WG) Breaded Chicken Sandwich Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ Sides: Fresh Zucchini / Cucumbers Fresh Grapes Or 100% Juice	17 (WG) Turkey Hot Dog/ Crackers Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Pinto Beans/ Carrot Sticks Peaches Or Pineapples	18 (WG) Chicken Nuggets Chicken & Cheese Salad/ WG Roll (CN)Whole Wheat PBJ Sides: Corn / Cucumbers Fresh Oranges Or 100% Fruit Juice (WG) Pretzel Stick
21 (WG) Turkey Meatball Sub Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Green Beans / Cucumbers Fresh Oranges Or 100% Juice	22 Taco Tuesday !! Seasoned Turkey on 6" Hard Taco Shell Chicken & Cheese Salad/WG Roll (CN) Whole Wheat PBJ Sides: Pinto Beans / Cucumbers Peaches Or Applesauce	23 (WG) Mac & Cheese w/Breadstick Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Steamed Broccoli / Carrot sticks Pineapples Or Pears (WG) Pretzel Stick	24 Hamburger on (WG) Bun Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: MixedVeggies / Carrot Sticks Fruit Cocktail Or Mandarin Oranges (WG) Strawberry Graham Cracker	25 (WG) Chicken Nuggets Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Corn / Cucumbers Fresh Apples Or 100% Juice (WG) Pretzel Stick
28 (WG) Chicken Tender w/ Bread Stick Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Pinto Beans / Cucumbers Pears Or Pineapples	29 (WG) Cheese Filled Bread Stick/ Marinara Sauce Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Broccoli / Cucumbers Fruit Cocktail Or Mandarin Oranges (WG) Pretzel Stick	30 (WG) Breaded Chicken Sandwich Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ Sides: Steamed Zucchini / Cucumbers Fresh Grapes Or 100% Juice (WG) Pretzel Stick	31 (WG) Chicken Corn Dog Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Fresh Zucchini / Carrot Sticks Peaches Or Apple Sauce (WG) Pretzel Stick	09/01 Professional Development Day Student Holiday
04 Labor Day Student Holiday	05 Taco Tuesday !! 6 Hard Shell Corn Taco Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Pinto Beans / Cucumbers Pears Or Mandarin Oranges (WG) Pretzel Stick	06 (WG) Turkey Hot Dog/ Crackers Cheese& Cheese & Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Steamed Broccoli / Cucumbers Fresh Banana's Or Strawberry Banana Apple Sauce (WG) Pretzel Stick	07 (WG) Hamburger Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Spinach / Cucumbers Fruit Cocktail Or Pineapples (WG) Pretzel Stick	08 (WG) Chicken Nuggets Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples Or 100% Juice (WG) Pretzel Stick
11 (Backwards Day) (WG) Mini Blueberry Pancakes Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Green Beans / Cucumbers Peaches Or Mandarin Oranges (WG) Strawberry Graham Cracker	12 (WG) Chicken Corn Dog Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Pinto Beans / Carrot Sticks Pears Or Fruit Cocktail	13 (WG) Mac & Cheese/ Bread Stick Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Broccoli / Carrot Sticks Fresh Banana Or 100% Juice	14 Beef Ravioli/ Garlic Bread Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Fresh Zucchini / Cucumbers Peaches Or Pineapples (WG) Pretzel Stick	15 (WG) Chicken Nuggets Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Corn / Cucumbers Tropical Fruit Or 100% Juice (WG) Pretzel Stick

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