

Each entrée comes with the following:

\*1/2 Cup Vegetable, 1/2 Cup canned fruit,  
or Fresh fruit and/or 4oz. 100% Juice box  
\*8oz 1% Low Fat White or 0% Chocolate  
milk

\*\*Students have a choice of 5 lunch items,  
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day  
Peanut Butter & Jelly Sandwich  
Romaine Salad Mix w/Meat & Cheese  
w/WG Roll

**READING EDGE ACADEMY**

&

**SAMSULA ACADEMY**

Breakfast  
2017/2018



Lunch prices are as follows:

Students: \$1.00

Adults: \$2.00

Xtra Entr'ee 1.50

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

MON	TUES	WED	THURS	FRI
<p>09/14</p> <p>(WG) Turkey Breakfast Pizza Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice</p>	<p>15</p> <p>(WG) Blueberry Muffin Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice</p>	<p>16</p> <p>(WG) Banana Bread Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice</p>	<p>17</p> <p>(WG) Cinnamon Pop Tart Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>	<p>18</p> <p>Scrambled Eggs, Chicken Bacon, (WG) Roll Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>
<p>21</p> <p>(WG) Donut Cake Hole Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup</p>	<p>22</p> <p>(WG) Blueberry Pancakes w/Syrup Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice</p>	<p>23</p> <p>(WG) Bagel With Cream Cheese Or Jelly Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup</p>	<p>24</p> <p>(WG) Chocolate Pop Tart Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>	<p>25</p> <p>(WG) Cinnamon Roll Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice</p>
<p>28</p> <p>(WG) Blueberry Muffin Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>	<p>29</p> <p>(WG) Strawberry Pop Tart Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice</p>	<p>30</p> <p>Scrambled Eggs, Chicken Bacon, (WG) Roll, Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Tomato Soup</p>	<p>31</p> <p>(WG) Banana Bread Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>	<p>09/01</p> <p><b>Professional Development Day</b></p> <p><b>Student Holiday</b></p>
<p>04</p> <p><b>Labor Day</b></p> <p><b>Student Holiday</b></p>	<p>05</p> <p>(WG) Blueberry Pancakes w/Syrup Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup</p>	<p>06</p> <p>(WG) Donut Cake Hole Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice</p>	<p>07</p> <p>(WG) Egg Sandwich Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice</p>	<p>08</p> <p>(WG) Cinnamon Roll Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>
<p>11</p> <p>(WG) Bagel With Cream Chesse &amp; Jelly Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup</p>	<p>12</p> <p>(WG) Turkey Sausage Pancake Wrap Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice</p>	<p>13</p> <p>(WG) Strawberry Pop Tart Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>	<p>14</p> <p>(WG) Mini Maple Waffles Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup</p>	<p>15</p> <p>(WG) Corn Muffin Or Assorted (WG) Cereals</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>

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