

LUNCH

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com

JANUARY 2018

READING EDGE ACADEMY & SAMSULA ACADEMY

Lunch Prices are as follows:

Students: \$2.40

Staff/Adults: \$3.25

Small Water: .50 cents

Large Water: \$ 1.00

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

Chicken Tenders/ (WG) Breadstick 8

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Green Beans / Cucumbers
Fruit cocktail Or Mandarin Oranges
(WG) Graham Cracker

(WG) Blueberry Pancakes / SF Syrup 9

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Mixed Vegetables / Carrot Sticks
Apple Sauce Or Pears
(WG) Pretzel Stick

(WG) Breaded Chicken Sandwich 10

Chicken & Cheese Salad / WG Roll
(CN) Whole wheat PBJ

Sides:

Fresh Zucchini / Cucumbers
Fresh Grapes Or 100% Juice
(WG) Graham Cracker

Salisbury Steak / Gravy 11

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Garbanzo Beans / Carrot Sticks
Peaches Or Pineapples

(WG) Chicken Nuggets 12

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Corn / Cucumbers
Fresh Oranges Or 100% Fruit Juice
(WG) Graham Cracker

15

MARTIN LUTHER KING'S BIRTHDAY HOLIDAY

NO SCHOOL

Taco Tuesday 16

Seasoned Turkey on 6" Hard Taco Shell

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Garbanzo Beans / Cucumbers
Peaches Or Applesauce

(WG) Mac & Cheese/ Breadstick 17

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Broccoli / Cucumbers
Pineapples Or Pears
(WG) Pretzel Stick

Hamburger/ WG Bun 18

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Mixed Veggies / Carrot Sticks
Fruit Cocktail Or Mandarin Oranges
(WG) Graham Cracker

(WG) Cheese Filled Breadstick 19

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Corn / Cucumbers
Fresh Apples Or 100% Juice

Chicken Tenders/ WG Breadstick 22

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Garbanzo Beans / Cucumbers
Pears Or Pineapples
(WG) Pretzel Stick

(WG) Turkey Meatball Sub 23

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Broccoli / Cucumbers
Fruit Cocktail Or Mandarin Oranges
(WG) Pretzel Stick

(WG) Breaded Chicken Sandwich 24

Chicken & Cheese Salad/ WG Roll
(CN) Whole wheat PBJ

Sides:

Mixed Vegetables/ Carrot Sticks
Fresh Grapes or 100% Juice

(WG) Chicken Corn Dog & Crackers 25

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Green Beans / Carrot Sticks
Peaches Or Applesauce
(WG) Graham Cracker

(WG) Chicken Nuggets 26

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Corn / Cucumbers
Fresh Oranges Or 100% Fruit Juice
(WG) Graham Cracker

(WG) Stuffed Shells Breadsticks Marinara Sauce 29

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Green Beans / Cucumbers
Fresh Apples Or 100% Juice
(WG) Graham Cracker

Taco Tuesday 30

Seasoned Turkey on 6" Hard Taco Shell

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Garbanzo Beans / Cucumbers
Pears Or Mandarin Oranges

Salisbury Steak / Gravy 31

Chicken & Cheese Salad / WG Roll
(CN) Whole Wheat PBJ

Sides:

Steamed Broccoli / Cucumbers
Fresh Banana's Or Strawberry Banana
Applesauce
(WG) Pretzel Stick

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Each Day each entrée comes with the following:

*½ Cup Vegetable, ½ Cup Canned Fruit or Fresh Fruit and/or 4oz. 100% Juice Box

*8oz. 1% Low Fat White Milk or 0% Chocolate Milk

*Students have a choice of 5 Lunch items, but **MUST** choose at least 3.

