



# BREAKFAST

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com

# JANUARY 2018

## READING EDGE ACADEMY & SAMSULA ACADEMY

Breakfast Prices are as follows:

Students: \$1.00

Adults: \$2.00

Extra Entrée: \$1.00

Small Waters: .50 cents

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1

2

3

4

5

(WG) Cake Donut Holes  
OR  
Assorted WG Cereals

8

(WG) Turkey Breakfast Pizza  
OR  
Assorted WG Cereals

9

(WG) Corn Muffin  
OR  
Assorted WG Cereals

10

(WG) Bagel w/cream cheese/jelly  
OR  
Assorted WG Cereals

11

(WG) Cinnamon Pop Tarts  
OR  
Assorted WG Cereals

12

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice  
Low Sodium V8 Juice

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice  
WG Pretzel Stick

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice  
Low Sodium Tomato Soup

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice  
WG Pretzel Sticks

**MARTIN LUTHER KING'S  
BIRTHDAY  
HOLIDAY**

**NO SCHOOL**

15

(WG) Strawberry Pop Tarts  
OR  
Assorted WG Cereals

16

Scrambled Eggs, Chicken Bacon  
With (WG) Roll  
OR  
Assorted WG Cereals

17

(WG) Banana Bread  
OR  
Assorted WG Cereals

18

(WG) Cinnamon Roll  
OR  
Assorted WG Cereals

19

(WG) Bagel w/cream cheese/jelly  
OR  
Assorted WG Cereals

22

(WG) Turkey Sausage Pancake Wrap  
OR  
Assorted WG Cereals

23

(WG) Cinnamon Pop Tarts  
OR  
Assorted WG Cereals

24

(WG) Cake Donut Holes  
OR  
Assorted WG Cereals

25

(WG) Corn Muffin  
OR  
Assorted WG Cereals

26

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice  
Low Sodium Tomato Soup

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice  
WG Pretzel Sticks

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice  
Low Sodium V8 Juice

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice  
WG Pretzel Stick

(WG) Blueberry Muffin  
OR  
Assorted WG Cereals

29

(WG) Banana Bread  
OR  
Assorted WG Cereals

30

Egg Sandwich on (WG) Roll  
OR  
Assorted WG Cereals

31

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice  
WG Pretzel Stick

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice  
WG Pretzel Sticks

**Sides:**  
Strawberry Go Gurt  
Canned Fruit or 100% Juice  
Low Sodium V8 Juice

Each Day each entrée comes with the following:

\*8 oz. of 1% Low Fat White Milk or 0% Chocolate Milk

\*Fresh Fruit or ½ cup of Canned Fruit or 4 oz. of 100% Fruit Juice

\*7-8 Grains served per week (Wg Roll or WG Pretzel Sticks or WG Graham crackers)

\*4 oz. of a Vegetable Twice a Week (Low Sodium V8 Juice or Tomato Soup)

\*Strawberry Go Gurt

In accordance with Federal Law and U.S. Department of Agriculture Policy, This Institution is prohibited from Discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, with USDA Director, Office of Civil Rights, 1400 Independence Avenue. S.W. Washington, D.C. 20250-9410 or Call (800)795-3272 or (202)720-6382 (TTY). USDA and Reading Edge Academy Inc. are equal opportunity providers and employers.