

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 5 lunch items,
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
(WG) Roll

READING EDGE ACADEMY
&
SAMSULA ACADEMY

February 19
Lunch Menu



Lunch prices are as follows:

Students: \$2.50

Adults: \$3.25

Extra Enr'ee 1.50

Small water: \$0.50

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

Mon	TUES	WED	THURS	FRI
				02/01 (WG) Cheese Pizza Chicken & Cheese Salad/ WG Roll (CN)Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples or 100% Fruit Juice
04 (WG) Turkey Meatball Sub Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Green Beans/ Cucumbers Fresh Oranges Or Juice (WG) Pretzel Stick	05 Taco Tuesday !! Seasoned Turkey on 6 * Hard Shell Taco** Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ Sides: Garbanzo Beans / Cucumbers Peaches Or Apple Sauce	06 (WG) Mac & Cheese Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Steamed Broccoli / Cucumber Pineapples Or Pears (WG) Pretzel Stick	07 (WG) Hamburger Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Mixed Vegetable/ carrots Fruit Cocktail Or Mandarin Oranges (WG) Pretzel Stick	08 (WG) Cheese Pizza Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples or 100% Juice
11 Chicken Tenders/ WG Bread Stick Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Garbanzo Beans/ Cucumbers Pears Or Pineapples	12 BBQ Chicken Sandwich/ WG Roll Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Broccoli / Cucumbers Mandarin Oranges Or Fruit cocktail	13 (WG) Cheese Filled Breadstick Marinara Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Mixed Vegetables/ Carrot sticks Fresh Grapes Or 100% Juice (WG) Pretzel Stick	14 (WG) Chicken Corn Dog Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Green Beans/ Carrot Sticks Peaches Or Pineapples (WG) Pretzel Stick	15 (WG) Cheese pizza Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples Or 100% Juice
18 President's Day Holiday	19 Taco Tuesday !! Seasoned Turkey on 6 * Hard Shell Taco** Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Garbanzo Beans/ Carrot Sticks Peaches Or Pears	20 (WG) Turkey Hot Dog/ Crackers Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ Sides: Fresh Broccoli/ Carrot Sticks Fresh Bananas Or Strawberry Apple Sauce (WG) Pretzel Stick	21 (WG) Hamburger Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Fresh Zucchini/ Carrot Sticks Fruit Cocktail Or Pineapples (WG) Pretzel Stick	22 (WG) Cheese pizza Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples Or 100% Juice
25 (WG) Stuffed Shells/ Marinara Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Green Beans/ Carrot Sticks Apple Sauce Or Pears WG pretzel Stick	26 (WG) Chicken Corn Dog/ Crackers Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Garbanzo Beans/ Cucumbers Mandarin Oranges Or fruit cocktail	27 (WG) Beef & Bean Burrito Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Steamed Broccoli / Cucumber Fresh Grapes Or 100% Juice (WG) Pretzel Stick	28 (WG) Chicken Nuggets Chicken & Cheese salad (CN) Whole Wheat PBJ Sides: Green Beans / Carrot Sticks Peaches Or Pineapples WG Pretzel Stick	03/01 (WG) Cheese pizza Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples Or 100% Juice

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