

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 5 lunch items,
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
w/WG Roll

READING EDGE ACADEMY

**&
SAMSULA ACADEMY**

Breakfast
2018/2019
February



Lunch prices are as follows:

Students: \$1.50
Adults: \$2.00
Xtra Entr'ee 1.00
Small water: \$0.50
Large Water: \$1.00
(CN)= Child Nutrition
(WG)= Whole Grain

MON	TUES	WED	THURSD	FRI
				02/01 (WG) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick
04 (WG) Cinnamon Granola bar Or Assorted (WG) Cereal <u>Sides:</u> Go Gurt Canned Fruit Or 100% Juice	05 (WG) Egg Sandwich/ Bacon/Roll Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup (WG) Pretzel Stick	06 (WG) Bagel With Jelly, Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick Low Sodium Tomato Soup	07 (WG) Waffles Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	08 (WG) Banana Muffin Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice
11 (WG) Breakfast Sandwich Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice	12 (WG) Turkey Sausage Wrap Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup (WG) Pretzel stick	13 (WG) Strawberry Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup	14 (WG) Banana Bread Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	15 (WG) Cinnamon Raisin Bagel/ Jelly Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice WG Pretzel Stick
18 Presidents Day Holiday	19 (WG) Banana Muffin Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice V8 Juice	20 (WG) Cinnamon Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice WG Pretzel Stick	21 (WG) Egg Sandwich Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice	22 (WG) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick
25 Whole Wheat Bagel Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	26 (WG) Waffles Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup	27 (WG) Strawberry Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	28 Scrambled Eggs, Chicken Bacon (WG) Roll, Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup	03/01 (WG) Breakfast Sandwich Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice