

Monday
Tuesday
Wednesday
Thursday
Friday
(WG) Blueberry Pancakes / SF Syrup 5

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Green Beans / Cucumbers
 Fresh Oranges or 100% Fruit Juice
 (WG) Graham Cracker

Chicken Tenders & WG Breadstick 12

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Garbanzo Beans / Cucumbers
 Peaches Or Pineapples
 (WG) Pretzel Stick

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 PRESIDENT'S DAY
 STUDENT HOLIDAY

(WG) Blueberry Pancakes / SF Syrup 26

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Green Beans / Cucumbers
 Peaches or Mandarin Oranges
 (WG) Pretzel Stick

Taco Tuesday 6

Seasoned Turkey on 6" Hard Taco Shell

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Steamed Zucchini / Cucumbers
 Fresh Apples or 100% Fruit Juice

(WG) Cheese Filled Breadstick 13

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Broccoli / Cucumbers
 Fruit Cocktail or Mandarin Oranges
 (WG) Pretzel Stick

Taco Tuesday 20

Seasoned Turkey on 6" Hard Taco Shell

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Garbanzo Beans / Cucumbers
 Peaches or Mandarin Oranges

(WG) Mac & Cheese & Breadstick 27

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Broccoli / Cucumbers
 Pineapples Or Peaches
 (WG) Pretzel Stick

(WG) Mac & Cheese & Breadstick 7

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Broccoli / Cucumbers
 Pineapples Or Peaches
 (WG) Pretzel Stick

(WG) Breaded Chicken Sandwich 14

 Chicken & Cheese Salad / WG Roll
 (CN) Whole wheat PBJ

Sides:
 Mixed Vegetables/ Carrot Sticks
 Fresh Grapes or 100% Juice

Turkey Hot Dog & Crackers 21

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Steamed Broccoli / Cucumbers
 Fresh Banana's or Strawberry
 Banana Applesauce
 (WG) Pretzel Stick

(WG) Breaded Chicken Sandwich 28

 Chicken & Cheese Salad / WG Roll
 (CN) Whole wheat PBJ

Sides:
 Mixed Vegetables/ Carrot Sticks
 Fresh Grapes or 100% Juice

Turkey Hot Dog & Crackers 1

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Garbanzo Beans / Carrot Sticks
 Peaches Or Pineapples

Hamburger on WG Bun 8

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Mixed Veggies / Carrot Sticks
 Fruit Cocktail Or Mandarin Oranges
 (WG) Graham Cracker

(WG) Chicken Corn Dog & Crackers 15

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Green Beans / Carrot Sticks
 Peaches Or Applesauce
 (WG) Graham Cracker

Hamburger on WG Bun 22

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Steamed Zucchini / Cucumbers
 Fruit Cocktail Or Pineapples
 (WG) Pretzel Stick

(WG) Cheese Pizza 2

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Corn / Cucumbers
 Fresh Oranges Or 100% Fruit Juice
 (WG) Graham Cracker

(WG) Chicken Nuggets 9

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Corn / Cucumbers
 Fresh Apples Or 100% Fruit Juice

(WG) Cheese Pizza 16

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Corn / Cucumbers
 Fresh Oranges Or 100% Fruit Juice
 (WG) Graham Cracker

(WG) Chicken Nuggets 23

 Chicken & Cheese Salad / WG Roll
 (CN) Whole Wheat PBJ

Sides:
 Corn / Carrot Stick
 Fresh Apples Or 100% Fruit Juice

Each Day each entrée comes with the following:

*½ Cup Vegetable, ½ Cup Canned Fruit or Fresh Fruit and/or 4oz. 100% Juice Box

*8oz. 1% Low Fat White Milk or 0% Chocolate Milk

 *Students have a choice of 5 Lunch items, but **MUST** choose at least 3.

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