

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 5 lunch items,
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
(WG) Roll

READING EDGE ACADEMY

&

SAMSULA ACADEMY

December 2018

Lunch Menu



Lunch prices are as follows:

Students: \$2.50
Adults: \$3.25
Extra Enr'ee 1.50
Small water: \$50 cents
Large Water: \$1.00
(CN)= Child Nutrition
(WG)= Whole Grain

Mon	TUES	WED	THURS	FRI
<p>12/03</p> <p>(WG) Stuffed Shells Marinara</p> <p>Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Green Beans/ Carrot Sticks Apple Sauce Or Pears (WG) Pretzel Stick</p>	<p>04</p> <p>(WG) Chicken Corn Dog/ Crackers</p> <p>Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Garbanzo Beans/ Cucumbers Mandarin Oranges Or Fruit cocktail</p>	<p>05</p> <p>(WG) Mac & Cheese/ Bread Stick</p> <p>Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Broccoli/Carrot Sticks Fresh grapes Or 100% Juice Graham Cracker</p>	<p>06</p> <p>Chicken Nuggets</p> <p>Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Fresh Zucchini/ Carrot Sticks Peaches Or Pineapple (WG) Pretzel Stick</p>	<p>07</p> <p>(WG) Cheese pizza</p> <p>Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Corn / Carrot Sticks Fresh Apples Or 100% Juice (WG) Pretzel Stick</p>
<p>10</p> <p>Chicken Tenders/ WG Roll</p> <p>Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Green Beans/ Carrot Sticks Fruit cocktail Or Mandarin Oranges (WG) Pretzel Stick</p>	<p>11</p> <p>Backwards Day!</p> <p>(WG) Chocolate French Toast/Syrup</p> <p>Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Mixed Vegetables/ Cucumbers Apple Sauce Or Pear (WG) Pretzel Stick</p>	<p>12</p> <p>(WG) Breaded Chicken Sandwich</p> <p>Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ</p> <p>Sides: Fresh Zucchini / Cucumbers Fresh Grapes or 100% Juice (WG) Pretzel Stick</p>	<p>13</p> <p>(WG) Turkey Hot Dog/ Cracker</p> <p>Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Garbanzo Beans/ Carrot Sticks Peaches or Pineapples</p>	<p>14</p> <p>(WG) Cheese Pizza</p> <p>Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Corn / Carrot Sticks Fresh Oranges or 100% Fruit Juice Graham Cracker</p>
<p>17</p> <p>(WG) Turkey Meatball Sub</p> <p>Chicken & Cheese salad (CN) Whole Wheat PBJ</p> <p>Sides: Green Beans/ Carrot Sticks Fresh Oranges or 100% Juice (WG) Pretzel Stick</p>	<p>18</p> <p>Taco Tuesday !!</p> <p>Seasoned Turkey on 6" Hard Taco Shell</p> <p>Chicken & Cheese Salad/WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Garbanzo Beans / Cucumbers Peaches Or Applesauce</p>	<p>19</p> <p>(WG) Mac & Cheese/ Bread Sick</p> <p>Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Broccoli/ Cucumbers Pineapples Or Pears (WG) Pretzel Stick</p> <p>(Winter Holiday Begins End Of Day)</p>	<p>20</p> <p>Teacher Duty Day Student Holiday</p>	<p>21</p> <p>Classes Resume Monday January 7th 2019</p>

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