

**Each entrée comes with the following:**

\*1/2 Cup Vegetable, 1/2 Cup canned fruit,  
or Fresh fruit and/or 4oz. 100% Juice box  
\*8oz 1% Low Fat White or 0% Chocolate  
milk

\*\*Students have a choice of 4 breakfast  
items, But MUST choose at least 3.

**Daily Menu:**

Choice of Breakfast Item or,  
Choice of Variety Cereal

**READING EDGE ACADEMY**

**&**

**SAMSULA ACADEMY**

**Breakfast  
2018/2019  
December Menu**



**Lunch prices are as follows:**

Students: \$1.50  
Adults: \$2.00  
Xtra Entr'ee 1.00  
Small water: \$0.50  
Large Water: \$1.00  
(CN)= Child Nutrition  
(WG)= Whole Grain

MON	TUES	WED	THURS	FRI
<p>12/03</p> <p>Whole Wheat Bagel Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice</p>	<p>04</p> <p>(WG) Banana Muffin Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice</p>	<p>05</p> <p>(WG) Strawberry Pop Tart Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>	<p>06</p> <p>Scrambled Eggs, Chicken Bacon, (WG) Roll, Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Tomato Soup</p>	<p>07</p> <p>(WG) Maple Waffles Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>
<p>10</p> <p>(WG) Cinnamon Granola Bar Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice</p>	<p>11</p> <p>(WG) Blueberry Muffin Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice</p>	<p>12</p> <p>(WG) Banana Bread Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice</p>	<p>13</p> <p>(WG) Cinnamon Pop Tart Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>	<p>14</p> <p>Scrambled Eggs, Chicken Bacon, (WG) Roll, Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p>
<p>17</p> <p>(WG) French Toast Sticks Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice</p>	<p>18</p> <p>(WG) Egg Sandwich/ Bacon/Roll Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice</p>	<p>19</p> <p>(WG) Bagel With Cream Cheese or Jelly, Or Assorted (WG) Cereal</p> <p><u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick</p> <p>(Winter Break Begins End Of Day)</p>	<p>20</p> <p>Teacher Duty Day Student Holiday</p>	<p>21</p> <p>Classes Resume Monday January 7<sup>th</sup> 2019</p>

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