

**Each entrée comes with the following:**

\*1/2 Cup Vegetable, 1/2 Cup canned fruit,  
or Fresh fruit and/or 4oz. 100% Juice box  
\*8oz 1% Low Fat White or 0% Chocolate  
milk

\*\*Students have a choice of 5 lunch items,  
But MUST choose at least 3.

**Daily Menu:**

Lunch Special of the Day  
Peanut Butter & Jelly Sandwich  
Romaine Salad Mix w/Meat & Cheese  
w/WG Roll

**READING EDGE ACADEMY**

**&**

**SAMSULA ACADEMY**

**Breakfast Menu**

**August**

**2019/2020**

**Lunch prices are as follows:**

Students: \$1.50

Adults: \$2.00

Xtra Entr'ee 1.00

Small water: \$0.50

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

MON	TUES	WED	THURSD	FRI
08/12  (WG) Cinnamon Pop Tart Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	13  (WG) Banana Bread Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick Low sodium Tomato Soup	14  (WG) Cinnamon Raisin Bagel Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice	15  (WG) Turkey Sausage Pancake Wrap Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice	16  (WG) Brownie Muffin/ Or Assorted (WG) Cereal  <u>Sides:</u> Canned Fruit Or 100% Juice (WG) Pretzel Stick
19  (WG) Berry Granola bar Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice	20  (WG) Scrambled Egg/ Bacon/Roll Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup (WG) Pretzel Stick	21  (WG) Bagel With Jelly, Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick Low Sodium Tomato Soup	22  (WG) Mini Waffles/ Syrup, Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice	23  (WG) Brownie Muffin/ Or Assorted (WG) Cereal  <u>Sides:</u> Canned Fruit Or 100% Juice (WG) Pretzel Stick
26  (WG) Banana Muffin/ Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice	27  (WG) Cherry Strudel  <u>Sides:</u> Canned Fruit Or 100% Juice Low Sodium Tomato Soup	28  (W G) Strawberry Pop Tart/or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice	29  (WG) Egg Sandwich Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	30  (WG) Brownie Muffin/ Or Assorted (WG) Cereal  <u>Sides:</u> Canned Fruit Or 100% Juice WG Pretzel Stick

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