

Each entrée comes with the following:
 *1/2 Cup Vegetable, 1/2 Cup canned fruit,
 or Fresh fruit and/or 4oz. 100% Juice box
 *8oz 1% Low Fat White or 0% Chocolate
 milk
 **Students have a choice of 5 lunch items,
 But MUST choose at least 3.

Daily Menu:
Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
(WG) Roll

READING EDGE ACADEMY
 &
SAMSULA ACADEMY

April
Lunch Menu



Lunch prices are as follows:
 Students: \$2.50
 Adults: \$3.25
 Extra Enr'ee 1.50
 Small water: \$50 cents
 Large Water: \$1.00
 (CN)= Child Nutrition
 (WG)= Whole Grain

Mon	TUES	WED	THURS	FRI
01 (WG) Turkey Meatball Sub Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Green Beans/ Cucumbers Fresh Oranges Or Juice (WG) Pretzel Stick	02 Taco Tuesday !! Seasoned Turkey on 6 ' Hard Shell Taco** Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ Sides: Garbanzo Beans / Cucumbers Peaches Or Apple Sauce	03 (WG) Beef & Bean Burrito Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Steamed Zucchini / Cucumber Pineapples Or Pears (WG) Pretzel Stick	04 (WG) Salisbury Steak/Gravy Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Mixed Vegetable/ carrots Fruit Cocktail Or Mandarin Oranges (WG) Pretzel Stick	05 (WG) Cheese Pizza Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples or 100% Juice
08 (WG) Chicken Nuggets Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Garbanzo Beans/ Cucumbers Pears Or Pineapples	09 BBQ Chicken Sandwich/ WG Roll Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Broccoli / Carrot Sticks Mandarin Oranges Or Fruit cocktail	10 (WG) Chocolate Chip French Toast Turkey Sausage Link Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Mixed Vegetables/ Cucumbers Fresh Grapes Or 100% Juice (WG) Pretzel Stick	11 (WG) Chicken Corn Dog Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Green Beans/ Carrot Sticks Peaches Or Pineapples (WG) Pretzel Stick	12 (WG) Cheese Pizza Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples Or 100% Juice
15 Chicken Tenders/ WG Bread Breadstick Chicken & Cheese salad (CN) Whole Wheat PBJ Sides: Mixed Vegetables/ Carrot Sticks Pears Or Pineapples	16 (WG) Cheese Filled Breadstick/ Marinara Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ Sides: Garbanzo Beans / Cucumbers Mandarin Oranges Or Fruit Cocktail	17 (WG) Breaded Chicken Sandwich Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ Sides: Fresh Zucchini/ Cucumbers Fresh Grapes or 100% Juice (WG) Pretzel Stick	18 (WG) Turkey Hot Dog/ Crackers Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Green Beans/ Carrot Sticks Peaches or Apple Sauce (WG) Pretzel Stick	19 (WG) Cheese Pizza Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples or 100% Fruit Juice
22 (WG) Turkey Meatball Sub Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Green Beans/ Cucumbers Fresh Oranges Or Juice (WG) Pretzel Stick	23 Taco Tuesday !! Seasoned Turkey on 6 ' Hard Shell Taco** Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ Sides: Garbanzo Beans / Cucumbers Peaches Or Apple Sauce	24 (WG) Mac & Cheese Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Steamed Zucchini / Cucumber Pineapples Or Pears (WG) Pretzel Stick	25 (WG) Hamburger Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Mixed Vegetable/ carrots Fruit Cocktail Or Mandarin Oranges (WG) Pretzel Stick	26 (WG) Cheese Pizza Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples or 100% Juice
29 Chicken Tenders/ WG Bread Stick Chicken & Cheese salad (CN) Whole Wheat PBJ Sides: Garbanzo Beans / Carrot Sticks Pears Or Pineapples	30 (WG) Stuffed Shells/Marinara Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ Sides: Mixed Vegetables/ Cucumbers Fruit Cocktail/ Mandarin Oranges (WG) Pretzel Stick	05/01 (WG) Breaded Chicken Sandwich Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ Sides: Fresh Zucchini/ Cucumbers Fresh Grapes or 100% Juice (WG) Pretzel Stick	02 (WG) Turkey Hot Dog/ Crackers Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Green Beans/ Carrot Sticks Peaches or Apple Sauce (WG) Pretzel Stick	03 (WG) Cheese Pizza Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ Sides: Corn / Carrot Sticks Fresh Apples or 100% Fruit Juice

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