

**Each entrée comes with the following:**

- \*1/2 Cup Vegetable, 1/2 Cup canned fruit, or Fresh fruit and/or 4oz. 100% Juice box
- \*8oz 1% Low Fat White or 0% Chocolate milk

**\*\*Students have a choice of 5 lunch items, But MUST choose at least 3.**

**Daily Menu:**

**Lunch Special of the Day  
Peanut Butter & Jelly Sandwich  
Romaine Salad Mix w/Meat & Cheese  
(WG) Roll**

**READING EDGE ACADEMY**

**&  
SAMSULA**

**November  
Lunch Menu 2021/2022**



**Lunch prices are as follows:**

Students: \$2.50

Adults: \$3.25

Extra Entr'ee 1.50

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

(WGR)= Whole Grain Rich

(WW)= Whole Wheat

Monday	TUES	WED	THURS	FRI
<b>11/01</b> <b>WGR Chicken Nuggets/ Potato Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR PBJ/ GoGurt)  <u>Sides:</u> Fresh Broccoli/ Cucumbers F. Cocktail Or Strawberry Applesauce (WGR) Pretzel Stick	<b>02</b> <b>WGR Sausage Pancake/Chicken Bacon Granola Bar</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ Yogurt  <u>Sides:</u> Mixed Vegetables/ Carrot sticks Peaches Or Pears	<b>03</b> <b>(WW) Meatball Sub/Marinara</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Zucchini/ Carrot sticks Fresh Apples Or Orange Juice (WGR) Pretzel Stick	<b>04</b> <b>(WGR) Beef Teriyaki /WGR Bun</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ Yogurt  <u>Sides:</u> Garbanzo Beans/Carrot Sticks Pears Or Pineapples	<b>05</b> <b>(WGR) Cheese Filled Breadstick Marinara/ Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Corn/Cucumbers Mandarin Oranges Or Apple Juice
<b>08</b> <b>WGR Chicken Nuggets/ Potato Chips</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <u>Sides:</u> Cooked Carrots/ Cucumbers F. Cocktail Or Strawberry Apple Sauce (WGR) Pretzel Stick	<b>09</b> <b>Taco Tuesday</b> <b>Seasoned Turkey/ 6' Whole Corn Taco</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <u>Sides:</u> Garbanzo Beans/ Carrot Sticks Peaches Or Pineapples	<b>10</b> <b>(WG) Chicken Corn Dog/ GoGurt</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <u>Sides:</u> Mixed Vegetables/ Carrot sticks Applesauce Or Pears (WGR) Pretzel Stick	<b>11</b>           <b>Veterans Day Holiday</b>	<b>12</b> <b>(WGR) Cheese Filled Breadstick Marinara/ Chips</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <u>Sides:</u> Corn/ Cucumbers Mandarin Oranges Or Apple Juice
<b>15</b> <b>WGR Chicken Nuggets/ Potato Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Cooked Carrots/ Cucumbers F. Cocktail Or Strawberry Applesauce (WGR) Pretzel Stick	<b>16</b> <b>WG Breaded Pork Patty Sandwich</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ Yogurt  <u>Sides:</u> Garbanzo Beans/ Carrot sticks Peaches Or Pears	<b>17</b> <b>Mac &amp; Cheese/ WGR Breadstick</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Fresh Broccoli / Cucumbers Fresh Apples Or Orange Juice WGR Pretzel Stick	<b>18</b> <b>Hamburger (WG) Bun</b>  Chicken & Cheese salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Mixed Vegetables/ Cucumbers Pineapples Or Apple Sauce (WGR) Pretzel stick	<b>19</b> <b>(WGR) Cheese Filled Breadstick Marinara/ Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Corn/ Cucumbers Mandarin Oranges Or Apple Juice
<b>22</b>           <b>Thanksgiving Holiday Begins</b>	<b>23</b>           <b>Thanksgiving Holiday</b>	<b>24</b>           <b>Thanksgiving Holiday</b>	<b>25</b>           <b>Thanksgiving Holiday</b>	<b>26</b>           Classes Resume Monday 11/29/2021
<b>29</b> <b>WGR Chicken Nuggets/ Potato Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Cooked Carrots/ Cucumbers F. Cocktail Or Strawberry Apple Sauce (WGR) Pretzel Stick	<b>30</b> <b>WGR Sausage Pancake/Chicken Bacon Granola Bar</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ Yogurt  <u>Sides:</u> Mixed Vegetables/ Carrot sticks Peaches Or Pears	<b>12/01</b> <b>(WGR) Beef Teriyaki /Breadstick</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ Yogurt  <u>Sides:</u> Garbanzo Beans/Carrot Sticks Pears Or Pineapples	<b>02</b> <b>Corn Chicken Taquito/ Gogurt</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Zucchini/ Carrot sticks Fresh Apples Or Orange Juice (WGR) Pretzel Stick	<b>03</b> <b>(WGR) Cheese Filled Breadstick Marinara/ Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Corn/Cucumbers Mandarin Oranges Or Apple Juice