

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 5 lunch items,
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
(WG) Roll

READING EDGE ACADEMY

&
SAMSULA

August
Lunch Menu 2021/2022



Lunch prices are as follows:

Students: \$2.50

Adults: \$3.25

Extra Entr'ee 1.50

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

(WGR)= Whole Grain Rich

(WW)= Whole Wheat

Monday	TUES	WED	THURS	FRI
<p>8/16</p> <p>WGR Chicken Nuggets/ Potato Chips</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR PBJ/ GoGurt</p> <p>Sides: Fresh Broccoli/ Cucumbers F. Cocktail Or Strawberry Applesauce (WGR) Pretzel Stick</p>	<p>17</p> <p>Taco Tuesday Seasoned Turkey/ 6' Whole Corn Taco</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ GoGurt</p> <p>Sides: Garbanzo Beans/ Cucumbers Peaches Or Apple Sauce</p>	<p>18</p> <p>Breaded Chicken Patty/ (WG) Roll</p> <p>Chicken & Cheese salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ Yogurt</p> <p>Sides: Cooked Carrots/ Cucumbers Pears Or Pineapples (WGR) Pretzel stick</p>	<p>19</p> <p>(WG) Chicken Corn Dog/ GoGurt</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ GoGurt</p> <p>Sides: Mixed Vegetables/ Carrot sticks Fresh Apples Or Orange Juice (WGR) Pretzel Stick</p>	<p>20</p> <p>(WGR) Mozzarella Cheese Stick/ Marinara/ Chips</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ GoGurt</p> <p>Sides: Corn/ Cucumbers Mandarin Oranges Or Apple Juice</p>
<p>23</p> <p>(WGR) Beef Teriyaki /Breadstick</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ GoGurt</p> <p>Sides: Garbanzo Beans/ Fresh Oranges Or Apple Juice</p>	<p>24</p> <p>Chicken Cutlet (WGR) Breadstick</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ GoGurt</p> <p>Sides: Zucchini F. Cocktail or Strawberry Applesauce (WGR) Pretzel Stick</p>	<p>25</p> <p>Mac & Cheese/ WGR Breadstick</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ Go Gurt</p> <p>Sides: Fresh Broccoli / Cucumbers F. Cocktail /Mandarin Oranges WGR Pretzel Stick</p>	<p>26</p> <p>WGR Sausage Pancake/Syrup</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ Yogurt</p> <p>Sides: Mixed Vegetables/ Carrot sticks Peaches Or Apple sauce (WGR) Pretzel Stick</p>	<p>27</p> <p>(WGR) Mozzarella Cheese Stick/ Marinara/ Chips</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ GoGurt</p> <p>Sides: Corn/ Cucumbers Mandarin Oranges Or Apple Juice</p>
<p>30</p> <p>(WG) Breaded Pork Patty Sandwich</p> <p>Chicken & Cheese salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ GoGurt</p> <p>Sides: Cooked Carrots Fresh Apples Or Orange Juice (WGR) Pretzel stick</p>	<p>31</p> <p>Chicken Corn Taquito</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ Yogurt</p> <p>Sides: Broccoli Peaches Or Applesauce (WGR) Pretzel Stick</p>	<p>09/01</p> <p>(WG) Turkey Ham & Cheese Hoagie</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ GoGurt</p> <p>Sides: Garbanzo Beans/ Carrot Sticks Pears Or Pineapples (WGR) Pretzel Stick</p>	<p>02</p> <p>Hamburger (WG) Bun/Chip's</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ GoGurt</p> <p>Sides: Cooked Carrots /Cucumbers Pears Or Pineapples (WGR) Pretzel Stick</p>	<p>03</p> <p>(WGR) Mozzarella Cheese Stick/ Marinara/ Chips</p> <p>Chicken & Cheese Salad/ (WGR) Breadstick</p> <p>(WGR) PBJ/ GoGurt</p> <p>Sides: Corn Mandarin Oranges Or Apple Juice</p>

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