

Each entrée comes with the following:

- *1/2 Cup Vegetable, 1/2 Cup canned fruit, or Fresh fruit and/or 4oz. 100% Juice box
- *8oz 1% Low Fat White or 0% Chocolate milk

****Students have a choice of 5 lunch items, But MUST choose at least 3.**

Daily Menu:

**Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
(WG) Roll**

READING EDGE ACADEMY

**&
SAMSULA**

**November
Lunch Menu 2020/21**



Lunch prices are as follows:

Students: \$2.50

Adults: \$3.25

Extra Entr'ee 1.50

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

(WGR)= Whole Grain Rich

(WW)= Whole Wheat

	TUES	WED	THURS	FRI
11/02 (WGR) Breaded mozzarella Cheese Stick/Marinara/ Chips Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Garbanzo Beans/ Cucumbers Fresh Apples Or Orange Juice	03 Teacher Duty Day Student Holiday	04 (WG) Mac And Cheese Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Go Gurt <u>Sides:</u> FRESH Broccoli/ Cucumbers Fruit .Cocktail/ Mandarin Oranges (WGR) Pretzel Stick	05 Hamburger (WG) Bun Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Cooked Carrots /Cucumbers Pears Or Pineapples (WGR) Pretzel Stick	06 Nacho's And Cheese Chicken & Chee Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Corn / Carrot Sticks Fresh Oranges or Apple Juice
09 Breaded Chicken Patty/ (WG) Roll Chicken & Cheese salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Cooked Carrots/ Cucumbers Pears Or Pineapples (WGR) Pretzel stick	10 Seasoned Beef/ Whole Corn Tostito's Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Yogurt <u>Sides:</u> Garbanzo Beans/ Cucumbers Peaches Or Apple Sauce	11 Veterans Day Holiday	12 (WG) Chicken Nuggets/ Potato Chips Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Fresh Broccoli/ Cucumbers Mixed Fruit or Strawberry Applesauce (WGR) Pretzel Stick	13 Shredded Turkey/Gravy/WG Roll Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Mashed Potatoes/Carrot Sticks Fresh grapes Or Apple Juice
16 (WGR) Breaded mozzarella Cheese Stick/Marinara/ Chips Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Garbanzo Beans/ Cucumbers Fresh Apples Or Orange Juice	17 *Taco Tuesday* Seasoned Turkey/6' Hard Corn Shell Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Go Gurt <u>Sides:</u> Mixed Vegetables/ Carrot sticks Peaches Or Apple sauce (WGR) Pretzel Stick	18 (WG) Mac And Cheese Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Go Gurt <u>Sides:</u> FRESH Broccoli/ Cucumbers Fruit .Cocktail/ Mandarin Oranges (WGR) Pretzel Stick	19 Hamburger (WG) Bun Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Cooked Carrots /Cucumbers Pears Or Pineapples (WGR) Pretzel Stick	20 (WG) Cheese Pizza Chicken & Chee Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Corn / Carrot Sticks Fresh Oranges or Apple Juice
23 Thanksgiving Holiday	24 Thanksgiving Holiday	25 Thanksgiving Holiday	26 Thanksgiving Holiday	27 Thanksgiving Holiday
30 Breaded Chicken Patty/ (WG) Roll Chicken & Cheese salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Cooked Carrots/ Cucumbers Pears Or Pineapples (WGR) Pretzel stick	12/01 Seasoned Beef/ Whole Corn Tostito's Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Yogurt <u>Sides:</u> Garbanzo Beans/ Cucumbers Peaches Or Apple Sauce	02 Turkey Corn Dog/Go Gurt Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Go Gurt <u>Sides:</u> FRESH Broccoli/ Cucumbers Fruit .Cocktail/ Mandarin Oranges (WGR) Pretzel Stick	03 Hamburger (WG) Bun Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Cooked Carrots /Cucumbers Pears Or Pineapples (WGR) Pretzel Stick	04 (WG) Cheese Pizza Chicken & Chee Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt <u>Sides:</u> Corn / Carrot Sticks Fresh Oranges or Apple Juice