

Each entrée comes with the following:

***1/2 Cup Vegetable, 1/2 Cup canned fruit, or Fresh fruit and/or 4oz. 100% Juice box**

***8oz 1% Low Fat White or 0% Chocolate milk**

****Students have a choice of 5 lunch items, But MUST choose at least 3.**

Daily Menu:

Lunch Special of the Day

Peanut Butter & Jelly Sandwich

Romaine Salad Mix w/Meat & Cheese

(WG) Roll

READING EDGE ACADEMY

&

SAMSULA

May/June

Lunch Menu 2020/21



Lunch prices are as follows:

Students: \$2.50

Adults: \$3.25

Extra Entrée 1.50

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

(WGR)= Whole Grain Rich

(WW)= Whole Wheat

Monday	TUES	WED	THURS	FRI
05/03 Chicken Nuggets/ Potato chips Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Garbanzo Beans/ Cucumbers Fresh Apples Or Orange Juice (WGR) Pretzel Stick	04 Hamburger (WG) Bun/Chip's Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Yogurt Sides: Cooked Carrots /Cucumbers Pears Or Pineapples (WGR) Pretzel Stick	05 Mac & Cheese Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Go Gurt Sides: Fresh Broccoli / Cucumbers F. Cocktail /Mandarin Oranges WGR Pretzel Stick	06 (WG) Sloppy Joe Sandwich Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Go Gurt Sides: Mixed Vegetables/ Carrot sticks Peaches Or Apple sauce (WGR) Pretzel Stick	07 (WGR) Breaded Mozzarella Cheese Stick/ Marinara/ Chips Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Corn/ Cucumbers Fresh Oranges Or Apple Juice
10 Shredded BBQ Chicken Sandwich Chicken & Cheese salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Cooked Carrots/ Cucumbers Pears Or Pineapples (WGR) Pretzel stick	11 Seasoned Turkey/Whole Corn Tostito's Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Yogurt Sides: Garbanzo Beans/ Cucumbers Peaches Or Applesauce	12 Turkey Hot Dog/ Yogurt /WW Bun Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Zucchini/ Carrot sticks Fresh Apples Or Juice (WGR) Pretzel Stick	13 Chicken Cutlet (WGR) Breadstick Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Fresh Broccoli/ Cucumbers F. Cocktail or Strawberry Applesauce (WGR) Pretzel Stick	14 (WGR) Breaded Mozzarella Cheese Stick/ Marinara/ Chips Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Corn/ Cucumbers Mandarin Oranges Or Apple Juice
17 Chicken Nuggets/ Potato Chips Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Fresh Broccoli/ Cucumbers F. Cocktail Or Strawberry Applesauce (WGR) Pretzel Stick	18 Taco Tuesday Seasoned Turkey/ 6' Whole Corn Taco Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Yogurt Sides: Garbanzo Beans/ Cucumbers Peaches Or Apple Sauce	19 Breaded Chicken Patty/ (WG) Bun Chicken & Cheese salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Cooked Carrots/ Cucumbers Pears Or Pineapples (WGR) Pretzel stick	20 (WG) Chicken Corn Dog/ GoGurt Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Zucchini/ Carrot sticks Fresh Apples Or Orange Juice (WGR) Pretzel Stick	21 (WGR) Breaded Mozzarella Cheese Stick/ Marinara/ Chips Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Corn/ Cucumbers Fresh Oranges Or Apple Juice
24 Ravioli/ Marinara Sauce Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Garbanzo Beans/ Cucumbers Fresh Apples Or Orange Juice (WGR) Pretzel Stick	25 Hamburger (WG) Bun/Chip's Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Yogurt Sides: Cooked Carrots /Cucumbers Pears Or Pineapples (WGR) Pretzel Stick	26 Mac & Cheese Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Go Gurt Sides: Fresh Broccoli / Cucumbers F. Cocktail /Mandarin Oranges WGR Pretzel Stick	27 (WG) Sloppy Joe Sandwich Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Go Gurt Sides: Mixed Vegetables/ Carrot sticks Peaches Or Apple sauce (WGR) Pretzel Stick	28 (WGR) Breaded Mozzarella Cheese Stick/ Marinara/ Chips Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Corn/ Cucumbers Fresh Oranges Or Apple Juice
31 Chicken Nuggets/Potato Chips Chicken & Cheese salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Cooked Carrots/ Cucumbers Pears Or Pineapples (WGR) Pretzel stick	006/01/2021 Seasoned Turkey/Whole Corn Tostito's Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ Yogurt Sides: Garbanzo Beans/ Cucumbers Peaches Or Applesauce	02 Turkey Hot Dog/ Yogurt /WW Bun Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Zucchini/ Carrot sticks Fresh Apples Or Juice (WGR) Pretzel Stick	03 Chicken Cutlet (WGR) Breadstick Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Fresh Broccoli/ Cucumbers F. Cocktail or Strawberry Applesauce (WGR) Pretzel Stick	04 (WGR) Breaded Mozzarella Cheese Stick/ Marinara/ Chips Chicken & Cheese Salad/ (WGR) Breadstick (WGR) PBJ/ GoGurt Sides: Corn/ Cucumbers Mandarin Oranges Or Apple Juice