

**Each entrée comes with the following:**

\*1/2 Cup Vegetable, 1/2 Cup canned fruit,  
or Fresh fruit and/or 4oz. 100% Juice box  
\*8oz 1% Low Fat White or 0% Chocolate  
milk

\*\*Students have a choice of 5 lunch items,  
But MUST choose at least 3.

**Daily Menu:**

Lunch Special of the Day  
Peanut Butter & Jelly Sandwich  
Romaine Salad Mix w/Meat & Cheese  
w/WG Roll

**READING EDGE ACADEMY**

**&  
SAMSULA ACADEMY**

**Breakfast  
2020/2021  
August- September**



**Lunch prices are as follows:**

Students: \$1.50  
Adults: \$2.00  
Xtra Entr'ee 1.00  
Small water: \$50 cents  
Large Water: \$1.00  
(CN)= Child Nutrition  
(WG)= Whole Grain

MON	TUES	WED	THURSD	FRI
31 (WG) Chicken Sausage Pancake Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WGR) Pretzel Stick	09/01  (WG) Strawberry Pop Tart/ Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WGR) Pretzel Stick	02  Egg Sandwich/ (WGR) Roll Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice	03  (WG) Mini Waffles/ Syrup  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice	04  (WG) Cinnamon Roll/GoGurt Or Assorted (WG) Cereal/ Strawberry Banana Yogurt  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice
07  <b>Labor Day Holiday</b>	08  (WGR) Banana Bread  Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	09  (WG) Cinnamon Pop Tart /Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Banana Yogurt Canned Fruit Or 100% Juice V8 Juice	10  (WG) Popcorn Chicken / Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	11  (WG) Cinnamon Roll/GoGurt Or Assorted (WG) Cereal/ Strawberry Banana Yogurt  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice
14 (WG) Chicken Sausage Pancake Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WGR) Pretzel Stick	15  (WG) Strawberry Pop Tart/ Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WGR) Pretzel Stick	16  Egg Sandwich/ (WGR) Roll Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice	17  (WG) Mini Waffles/ Syrup  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice	18  (WG) Cinnamon Roll/GoGurt Or Assorted (WG) Cereal/ Strawberry Banana Yogurt  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice
21  (WGR) Breakfast Pizza/ Or Assorted Cereal/ Yogurt  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice	22  (WGR) Banana Bread  Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	23  (WG) Cinnamon Pop Tart /Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Banana Yogurt Canned Fruit Or 100% Juice V8 Juice	24  (WG) Popcorn Chicken / Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	25  (WG) Cinnamon Roll/GoGurt Or Assorted (WG) Cereal/ Strawberry Banana Yogurt  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice
28 (WG) Chicken Sausage Pancake Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WGR) Pretzel Stick	29  (WG) Strawberry Pop Tart/ Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WGR) Pretzel Stick	30  Egg Sandwich/ (WGR) Roll Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice	10/01  (WG) Mini Waffles/ Syrup  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice	02  (WG) Cinnamon Roll/GoGurt Or Assorted (WG) Cereal/ Strawberry Banana Yogurt  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice