

Each entrée comes with the following:
 *1/2 Cup Vegetable, 1/2 Cup canned fruit,
 or Fresh fruit and/or 4oz. 100% Juice box
 *8oz 1% Low Fat White or 0% Chocolate
 milk

**Students have a choice of 5 lunch items,
 But MUST choose at least 3.

Daily Menu:
 Lunch Special of the Day
 Peanut Butter & Jelly Sandwich
 Romaine Salad Mix w/Meat & Cheese
 w/WG Roll

READING EDGE ACADEMY
 &
SAMSULA ACADEMY

March
 2019/2020
 Breakfast Menu



Lunch prices are as follows:

Students: \$1.50
 Adults: \$2.00
 Xtra Entr'ee 1.00
 Small water: \$50 cents
 Large Water: \$1.00
 (CN)= Child Nutrition
 (WG)= Whole Grain

MON	TUES	WED	THURSD	FRI
03/02 (WG) Chocolate French Toast Or Assorted (WG) Cereal <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice Tomato Soup	03 (W G) Strawberry Pop Tart/or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice	04 (WG) Scrambled Egg/ Bacon/Roll Or Assorted (WG) Cereal <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup (WG) Pretzel Stick	05 (WG) Berry Rice Crispy Bar Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	06 Brownie Muffin/ Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Gogurt Canned Fruit Or 100% Juice (WG) Pretzel Stick
09 (WG) Cinnamon Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	10 (WG) Banana Bread Or Assorted (WG) Cereal <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WG) Pretzel Stick Low sodium Tomato Soup	11 (WG) Egg Sandwich Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice V8 Juice	12 (WG) Mini Waffles/ Syrup, Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice	13 Teacher Duty Day Student Holiday
16 Spring Break Holiday Begins	17 Spring Break	18 Spring Break	19 Spring Break	20 Classes Resume Monday March 23rd
23 (WG) Chocolate French Toast Or Assorted (WG) Cereal <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice Tomato Soup	24 (W G) Strawberry Pop Tart/or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice	25 (WG) Scrambled Egg/ Bacon/Roll Or Assorted (WG) Cereal <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup (WG) Pretzel Stick	26 (WG) Berry Rice Crispy Bar Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	27 Brownie Muffin/ Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Gogurt Canned Fruit Or 100% Juice (WG) Pretzel Stick
30 (WG) Cinnamon Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	31 (WG) Banana Bread Or Assorted (WG) Cereal <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WG) Pretzel Stick Low Sodium Tomato Soup	04/01 (WG) Egg Sandwich Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice V8 Juice	02 (WG) Mini Waffles/ Syrup, Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice	03 Brownie Muffin/ Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Gogurt Canned Fruit Or 100% Juice (WG) Pretzel Stick

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