

School Name: Reading Edge Academy

Principal's Name or Person Responsible for Plan: Peggy Comardo 668-8911

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above:** _____

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: Goals - List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café swaycafe@volusia.k12.fl.us and a copy to your Area Superintendent by **August 30th, 2019**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: Evaluation – At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café swaycafe@volusia.k12.fl.us and a copy to your Area Superintendent by June 6, 2019.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by August 30 th , 2019	Part II - Complete by June 1 st , 2020
Goals for 2019-20	Implementation Evaluation
	<input checked="" type="checkbox"/> Goal was successfully implemented. <input type="checkbox"/> Goal was partially implemented. <i>Comments:</i> <input type="checkbox"/> Goal was not implemented this school year. <i>Comments:</i> <input type="checkbox"/> Documentation is available at school site and
Students will be given periodic breaks during excessive periods of inactivity. Teachers will use "Adventure to Fitness" or a	<input checked="" type="checkbox"/> Goal was successfully implemented. <input type="checkbox"/> Goal was partially implemented. <i>Comments:</i>

<p>similar program which is a classroom based program using an interactive video to have students perform physical activity throughout the school day.</p>	<p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>Cafe will offer a variety of fresh fruits and vegetables plus whole grain bread.</p> <p>School will comply with all federal and state regulations to make sure each child receives the minimal amount of nutritional value.</p> <p>School will establish meal times according to federal regulations.</p>	<p><input checked="" type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>

