

Wellness Policy School Plans for the 2015-2016 School Year



School Name: Samsula Academy

Principal's Name or Person Responsible for Plan: Peggy Comardo

Each school must have a wellness plan in place and a wellness contact person identified for each school (this person cannot be a School Way Café employee).

Visit the Volusia County Website under School Way Café to view the policy.

If you are not already we encourage your school to become a "Team Nutrition School" [www.fns.usda.gov/tn/](http://www.fns.usda.gov/tn/).

The policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food related and limiting sweet treats for refreshment and parties.

**Part I: Goals - List your wellness goals for the upcoming school year (additional goals can be added). File a copy under Wellness Policy 2015-2016 and e-mail a copy or send a hard copy to the School Way Café, attention Lindsey Kurtz [ldkurtz@volusia.k12.fl.us](mailto:ldkurtz@volusia.k12.fl.us) and a copy to your Area Superintendent by September 14<sup>st</sup>, 2015.**

**Part II: Evaluation - Evaluate the outcome of all goals at the end of the school year and e-mail a copy or send a hard copy by June 4<sup>st</sup>, 2016 to the School Way Café attention Lindsey Kurtz [ldkurtz@volusia.k12.fl.us](mailto:ldkurtz@volusia.k12.fl.us)**

**Note: Documentation is required to validate completion of your goals.**

**Note: See attached Wellness Tool Kit for ideas to use for your wellness plan.**

Part I – Complete by <b>Sept 14, 2015</b>	Part II - Complete by <b>June 4, 2016</b>
<b>Goals for 2015-16</b>	Implementation Evaluation
Cafeteria will follow all guidelines from the state and federal agencies.	<input type="checkbox"/> Goal was successfully implemented. <input type="checkbox"/> Goal was partially implemented. <i>Comments:</i>  <input type="checkbox"/> Was not able to implement goal this school year. <i>Comments:</i>  <input type="checkbox"/> Documentation is available at school site and easily accessible for audit.

Part I - Complete by Sept 14, 2015	Part II - Complete by June 4, 2016
<p><b>Goals for 2014-2015</b></p> <p>The School will have a school wide Nutrition Challenge; PE will do a whole nutrition unit, classroom teacher will support this unit by completing a nutrition unit in the classroom. A school wide competition is coordinated by the PE and fifth grade teachers for making healthy lunch choices during this unit.</p>	<p><b>Implementation Evaluation</b></p> <p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Was not able to implement goal this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>The school will share information about the nutritional content of meals with parents and students on menus, and or other point-of-purchase materials.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Was not able to implement goal this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>The cafeteria manager will work with teachers, staff, and the students to offer choices of healthy and nutritional meals and snacks while in school and outside of school. Our school belongs to “Team Nutrition School”.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Was not able to implement goal this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>