

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 5 lunch items,
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
w/WG Roll

**READING EDGE ACADEMY
&
SAMSULA ACADEMY**

**September
Lunch Menu**



**Lunch prices are as
follows:**

Students: \$2.50

Adults: \$3.25

Small water: \$0.50

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

Mon	TUE	WED	THURS	FRI
<p>03</p> <p>Labor Day Holiday</p>	<p>04</p> <p>(WG) Cheese Filled Bread Stick/ Marinara Sauce</p> <p>Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Mixed Vegetables/ Carrot Sticks Apple Sauce Or Pears (WG) Pretzel Stick</p>	<p>05</p> <p>(WG) Breaded Chicken Sandwich</p> <p>Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ</p> <p>Sides: Fresh Zucchini / Cucumbers Fresh Grapes or 100% Juice</p>	<p>06</p> <p>(WG) Turkey Hot Dog/ Cracker</p> <p>Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Garbanzo Beans/ Carrot Sticks Peaches or Pineapples</p>	<p>07</p> <p>(WG) Cheese Pizza</p> <p>Chicken & Cheese Salad/ WG Roll (CN)Whole Wheat PBJ</p> <p>Sides: Corn / Cucumbers Fresh Oranges or 100% Fruit Juice (WG) Graham Cracker</p>
<p>10</p> <p>Chicken Nuggets/ WG Roll</p> <p>Chicken & Cheese salad (CN) Whole Wheat PBJ</p> <p>Sides: Green Beans/ Cucumbers Fresh Oranges or 100% Juice (WG) Graham Cracker</p>	<p>11</p> <p>Taco Tuesday !!</p> <p>Seasoned Turkey on 6" Hard Taco Shell</p> <p>Chicken & Cheese Salad/WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Garbanzo Beans / Cucumbers Peaches Or Applesauce</p>	<p>12</p> <p>(WG) Mac & Cheese/ Bread Sick</p> <p>Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Broccoli/ Cucumbers Pineapples Or Pears (WG) Pretzel Stick</p>	<p>13</p> <p>(WG) Hamburger</p> <p>Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Mixed Veggies /Carrot Sticks Fruit Cocktail/ Mandarin Oranges (WG) Graham Cracker</p>	<p>14</p> <p>(WG) Cheese Pizza</p> <p>Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Corn / Cucumbers Fresh Apples Or 100% Juice</p>
<p>17</p> <p>Professional Development Day Student Holiday</p>	<p>18</p> <p>(WG) Cheese Filled Bread Stick/ Marinara</p> <p>Chicken & Cheese Salad/WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Broccoli / Cucumbers Fruit Cocktail/ Mandarin Oranges (WG) Pretzel Stick</p>	<p>19</p> <p>(WG) Breaded Chicken Sandwich</p> <p>Chicken & Cheese Salad/ WG Roll (CN) Whole wheat PBJ</p> <p>Sides: Mixed Vegetables/ Carrot Sticks Fresh Grapes or 100% Juice</p>	<p>20</p> <p>(WG) Chicken Corn Dog</p> <p>Chicken & Cheese Salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Green Beans/ Carrot Sticks Peaches or Apple Sauce (WG) Graham Cracker</p>	<p>21</p> <p>(WG) Cheese Pizza</p> <p>Chicken & Cheese Salad/ WG Roll (CN)Whole Wheat PBJ</p> <p>Sides: Corn / Cucumbers Fresh Oranges or 100% Fruit Juice (WG) Graham Cracker</p>
<p>24</p> <p>(Backwards Day) (WG) Mini Blueberry Pancakes</p> <p>Chicken & Cheese Salad /WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Green Beans/ Cucumbers Fresh Oranges Or Juice (WG) Graham Cracker</p>	<p>25</p> <p>Taco Tuesday !!</p> <p>Seasoned Turkey on 6" Hard Taco Shell</p> <p>Chicken & Cheese salad/ WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Garbanzo Beans / Carrot Sticks Peaches Or Pears</p>	<p>26</p> <p>(WG) Chicken Hot Dog/ Crackers</p> <p>Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Steamed Broccoli / Cucumber Fresh Banana's Or Strawberry Banana Apple Sauce (WG) Pretzel Stick</p>	<p>27</p> <p>(WG) Hamburger</p> <p>Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Fresh Zucchini /Carrot Sticks Fruit Cocktail Or Pineapples (WG) Graham Cracker</p>	<p>28</p> <p>(WG) Cheese Pizza</p> <p>Chicken & Cheese Salad / WG Roll (CN) Whole Wheat PBJ</p> <p>Sides: Corn / Carrot Sticks Fresh Apples or 100% Juice</p>

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