

School Name: Samsula Academy

Principal's Name or Person Responsible for Plan: Peggy Comardo 423-6650

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above:** _____

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

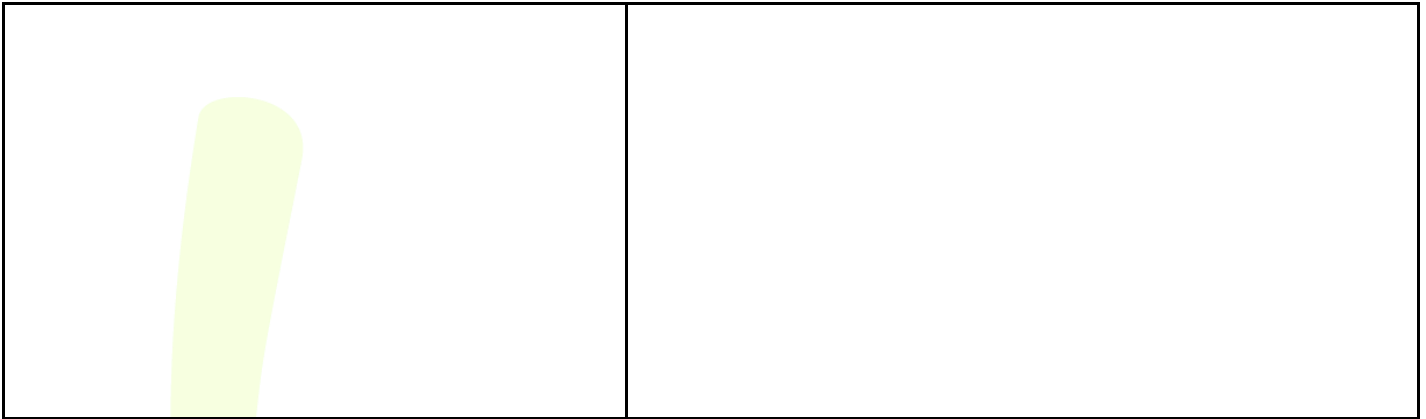
The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: Goals - List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café swaycafe@volusia.k12.fl.us and a copy to your Area Superintendent by **August 30th, 2019**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: Evaluation – At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café swaycafe@volusia.k12.fl.us and a copy to your Area Superintendent by June 6, 2019.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by August 30 th , 2019	Part II - Complete by June 1 st , 2020
Goals for 2019-20	Implementation Evaluation
<p>Cafeteria will work with teachers, staff, and the students to offer choices of healthy and nutritional meals and snacks while in school and outside of school.</p> <p>School will have a school wide Nutrition Challenge; PE will do a whole nutrition unit, classroom teacher will support this unit by completing a nutrition unit in the classroom.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p>Comments:</p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p>Comments:</p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>



Part I – Complete by August 30 th , 2019	Part II - Complete by June 1 st , 2020
Goals for 2019-20	Implementation Evaluation
<p>The school will give the students opportunities for physical education through a range of programs such as physical education, structured indoor physical activity, athletic programs, and recess.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p>
<p>Documentation is available at school site and easily accessible for audit.</p>	<p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>

<p>Students will be given periodic breaks during excessive periods of inactivity.</p> <p>Teachers will use “Adventure to Fitness” or a similar program which is a classroom based program using an interactive video to have students perform physical activity throughout the school day.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>Cafe will offer a variety of fresh fruits and vegetables plus whole grain bread.</p> <p>School will comply with all federal and state regulations to make sure each child receives the minimal amount of nutritional value.</p> <p>School will establish meal times according to federal regulations.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>