

LUNCH

NOVEMBER 2017

READING EDGE ACADEMY & SAMSULA ACADEMY

Lunch Prices are as follows:
 Students: \$2.40
 Staff/Adults: \$3.25
 Small Water: .50 cents
 Large Water: \$1.00

Monday

Tuesday

Wednesday

Thursday

Friday



(WG) Stuffed Shells in Sauce **6**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Green Beans / Cucumbers
 Fresh Apples or 100% Juice
 (WG) Pretzel Stick

TACO TUESDAY **7**
 6" Hard Shell Corn Taco

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Pinto Beans / Cucumbers
 Pears or Mandarin Oranges
 (WG) Pretzel Stick

Chicken Tenders & WG Garlic Stick **1**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Steamed Zucchini / Cucumbers
 Fresh Seedless Grapes or 100% Juice
 (WG) Pretzel Stick

Salisbury Steak & WG Roll **2**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Mixed Veggies / Cucumbers
 Banana's or Straw. Banana Applesauce
 (WG) Pretzel Stick

(WG) Chicken Nuggets **3**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Corn / Cucumbers
 Fresh Oranges or 100% Juice
 (WG) Pretzel Stick

BACKWARD'S DAY... **13**
 (WG) Blueberry Pancakes

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Green Beans / Cucumbers
 Peaches or Mandarin Oranges
 (WG) Pretzel Stick

(WG) Chicken Corn Dog **14**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Pinto Beans / Carrot Sticks
 Pears or Fruit Cocktail

(WG) Turkey Hot Dog w/crackers **8**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Steamed Broccoli / Cucumbers
 Banana's or Straw. Banana Applesauce
 (WG) Pretzel Stick

!! THANKSGIVING FEAST !! **9**
Turkey & Gravy with WG Roll

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Mashed Potatoes / Carrot Sticks
 Fresh Strawberries or 100% Juice

VETERAN'S DAY
STUDENT HOLIDAY **10**

Chicken Tenders & WG Garlic Stick **20**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Green Beans / Cucumbers
 Fruit Cocktail or Mandarin Oranges
 (WG) Pretzel Stick

(WG) Cheese-filled Breadsticks **21**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Steamed Zucchini / Cucumbers
 Peaches or Pineapples
 (WG) Pretzel Stick

(WG) Mac-n-Cheese & Garlic Stick **15**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Steamed Broccoli / Carrot Sticks
 Fresh Banana's or 100% Juice

Hamburger on WG Bun **16**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Steamed Zucchini / Cucumbers
 Fruit Cocktail or Pineapples
 (WG) Pretzel Stick

(WG) Chicken Nuggets **17**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Corn / Cucumbers
 Tropical Fruit or 100% Juice
 (WG) Pretzel Stick

THANKSGIVING BREAK **22**

CLASSES RESUME
 NOVEMBER 27TH

THANKSGIVING BREAK **23**

CLASSES RESUME
 NOVEMBER 27TH

THANKSGIVING BREAK **24**

CLASSES RESUME
 NOVEMBER 27TH

Turkey Meatball Sub on WG Roll **27**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Green Beans / Cucumbers
 Fresh Oranges or 100% Juice
 (WG) Graham Crackers

TACO TUESDAY **28**
 6" Hard Shell Corn Taco

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Pinto Beans / Cucumbers
 Peaches or Pears
 (WG) Pretzel Stick

(WG) Turkey Hot Dog w/crackers **29**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Steamed Broccoli / Cucumbers
 Banana's or Straw. Banana Applesauce
 (WG) Pretzel Stick

Hamburger on WG Bun **30**

Chicken & Cheese Salad & WG Roll
(CN) Whole Wheat PBJ Sandwich

Sides:
 Steamed Zucchini / Cucumbers
 Fruit Cocktail or Pineapples
 (WG) Pretzel Stick

DAILY MENU

Lunch Special of the Day
 Peanut Butter & Jelly Sandwich
 Romaine Salad Mix w/meat & cheese
 w/WG Roll

Each Day each entrée comes with the following:

*½ Cup Vegetable, ½ Cup Canned Fruit or Fresh Fruit and/or 4oz. 100% Juice Box
 *8oz. 1% Low Fat White Milk or 0% Chocolate Milk



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*Students have a choice of 5 Lunch items, but **MUST** choose at least 3.