

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 5 lunch items,
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
w/WG Roll

READING EDGE ACADEMY

&

SAMSULA ACADEMY

March

**Breakfast Menu
2018/2019**

Lunch prices are as follows:

Students: \$1.50
Adults: \$2.00
Xtra Entr'ee 1.00
Small water: \$50 cents
Large Water: \$1.00
(CN)= Child Nutrition
(WG)= Whole Grain

MON	TUES	WED	THURSD	FRI
03/04 (WG) Banana Bread Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	05 (WG) Cinnamon Raisin Bagel Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup	06 (WG) Turkey Sausage Pancake Wrap Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Yogurt Canned Fruit Or 100% Juice	07 (WG) Cinnamon Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	08 (WG) Sausage Pancake Wrap Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick Low Sodium Tomato Soup
11 (WG) Cinnamon Granola bar Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice	12 (WG) Egg Sandwich/ Bacon/Roll Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium Tomato Soup (WG) Pretzel Stick	13 (WG) Bagel With Jelly, Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick Low Sodium Tomato Soup	14 (WG) Mini Waffles Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	15 Teacher Duty Day Student Holiday
18 Spring Holiday Begins	19 Spring Break	20 Spring Break	21 Spring Break	22 Classes Resume Monday March 25th
25 (WG) French Toast Stick Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Cinnamon Pretzel Stick	26 (WG) Banana Muffin Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice V8 Juice	27 (WG) Cinnamon Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice WG Pretzel Stick	28 (WG) Egg Sandwich Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice Low Sodium V8 Juice	29 (WG) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick