



BREAKFAST

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com

FEBRUARY 2018

READING EDGE ACADEMY & SAMSULA ACADEMY

Breakfast Prices are as follows:

Students: \$1.00

Adults: \$2.00

Extra Entrée: \$1.00

Small Waters: .50 cents

Monday

Tuesday

Wednesday

Thursday

Friday



(WW) Cinnamon Granola Bar
OR
Assorted WG Cereals

1

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice

(WG) Strawberry Pop Tarts
OR
Assorted WG Cereals

2

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
Low Sodium V8 Juice

(WG) Cheese Pizza
OR
Assorted WG Cereals

5

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice

(WG) Blueberry Muffin
OR
Assorted WG Cereals

6

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
Low Sodium V8 Juice

(WG) Maple Waffles w/SF Syrup
OR
Assorted WG Cereals

7

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
(WG) Graham Cracker

(WG) Bagel w/cream cheese/jelly
OR
Assorted WG Cereals

8

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
Low Sodium Tomato Soup

(WG) Cinnamon Pop Tarts
OR
Assorted WG Cereals

9

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
WG Pretzel Stick

(WG) Yeast Donut
OR
Assorted WG Cereals

12

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice

(WG) Strawberry Pop Tarts
OR
Assorted WG Cereals

13

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
Low Sodium V8 Juice

Scrambled Eggs, Chicken Bacon
With (WG) Roll
OR
Assorted WG Cereals

14

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
Low Sodium Tomato Soup

(WG) Banana Bread
OR
Assorted WG Cereals

15

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
WG Pretzel Stick

(WG) Cinnamon Roll
OR
Assorted WG Cereals

16

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
WG Pretzel Stick

19

PRESIDENT'S DAY

NO SCHOOL

(WG) Turkey Sausage Pancake Wrap
OR
Assorted WG Cereals

20

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice

(WG) Cinnamon Pop Tarts
OR
Assorted WG Cereals

21

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
WG Pretzel Stick

(WG) Blueberry Pancakes
With SF Syrup
OR
Assorted WG Cereals

22

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
Low Sodium V8 Juice

(WG) Corn Muffin
OR
Assorted WG Cereals

23

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
WG Pretzel Stick

(WG) Cheese Pizza
OR
Assorted WG Cereals

26

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice

(WG) Banana Bread
OR
Assorted WG Cereals

27

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
WG Pretzel Stick

Egg Sandwich on (WG) Roll
OR
Assorted WG Cereals

28

Sides:
Strawberry Go Gurt
Canned Fruit or 100% Juice
Low Sodium V8 Juice



Each Day each entrée comes with the following:

*8 oz. of 1% Low Fat White Milk or 0% Chocolate Milk

*Fresh Fruit or ½ cup of Canned Fruit or 4 oz. of 100% Fruit Juice

*7-8 Grains served per week (Wg Roll or WG Pretzel Sticks or WG Graham crackers)

*4 oz. of a Vegetable Twice a Week (Low Sodium V8 Juice or Tomato Soup)

*Strawberry Go Gurt

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