

### Monday

(WG) Cinnamon Roll **2**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 (WG) Pretzel Stick

(WG) Cheese / Pepperoni Pizza **9**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice

(WG) Yeast Donut **16**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice

Cinnamon Raisin Bagel **23**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice

(WG) Cheese / Pepperoni Pizza **30**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice

### Tuesday

Scrambled Eggs, Chicken Bacon **3**  
With (WG) Roll  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 Low Sodium V8 Juice

(WG) Blueberry Muffin **10**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 Low Sodium V8 Juice

(WG) Strawberry Pop Tarts **17**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 Low Sodium V8 Juice

Egg Patty Sandwich on WG Roll **24**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 Low Sodium V8 Juice

### Wednesday

Pancakes **4**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 (WG) Pretzel Stick

(WG) Maple Waffles w/SF Syrup **11**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 (WG) Graham Cracker

Scrambled Eggs, Chicken Bacon **18**  
With (WG) Roll  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 Low Sodium Tomato Soup

(WG) Cinnamon Pop Tarts **25**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 WG Pretzel Stick

### Thursday

(WW) Cinnamon Granola Bar **5**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice

(WG) Bagel w/cream cheese/jelly **12**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 Low Sodium Tomato Soup

(WG) Banana Bread **19**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 WG Pretzel Stick

(WG) Blueberry Pancakes **26**  
With SF Syrup  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 Low Sodium V8 Juice

### Friday

(WG) Maple Waffles w/SF Syrup **6**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 Low Sodium V8 Juice

(WG) Cinnamon Pop Tarts **13**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 WG Pretzel Stick

(WG) Cinnamon Roll **20**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 WG Pretzel Stick

(WG) Corn Muffin **27**  
 OR  
 Assorted WG Cereals

**Sides:**  
 Strawberry Go Gurt  
 Canned Fruit or 100% Juice  
 WG Pretzel Stick

Each Day each entrée comes with the following:

\*8 oz. of 1% Low Fat White Milk or 0% Chocolate Milk

\*Fresh Fruit or ½ cup of Canned Fruit or 4 oz. of 100% Fruit Juice

\*7-8 Grains served per week (Wg Roll or WG Pretzel Sticks or WG Graham crackers)

\*4 oz. of a Vegetable Twice a Week (Low Sodium V8 Juice or Tomato Soup)

\*Strawberry Go Gurt



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 MySchoolBucks.com

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