

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 5 lunch items,
But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese
(WG) Roll

READING EDGE ACADEMY

**&
SAMSULA**

**March
Lunch Menu 2022**



Lunch prices are as follows:

Students: \$2.50

Adults: \$3.25

Extra Entr'ee 1.50

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

(WGR)= Whole Grain Rich

(WW)= Whole Wheat

Monday	TUES	WED	THURS	FRI
02/28/2022 WGR Chicken Nuggets/ Potato Chips Chicken & Cheese Salad/ (WGR) Bun (WGR PBJ/ GoGurt) <u>Sides:</u> Cooked Carrots/ Cucumbers F. Cocktail 1 Or Strawberry Apple Sauce (WGR) Pretzel Stick	03/01/2022 (WGR) Sausage Pancake/GoGurt Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/Yogurt <u>Sides:</u> Pinto Beans/ Carrot sticks Peaches Or Pears	02 Mac & Cheese/ WGR Breadstick Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/ GoGurt <u>Sides:</u> Fresh Broccoli / Cucumbers Fresh Apples Or Orange Juice WGR Pretzel Stick	03 (WGR) Breaded Chicken Sandwich Chicken & Cheese Salad/ (WGR) Bun (WGR PBJ/ GoGurt) <u>Sides:</u> Zucchini/ Carrot sticks Cinnamon Apple Sauce Or Pineapples (WGR) Pretzel Stick	04 (WGR) Cheese Filled Breadstick Marinara/ Chips Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/ GoGurt <u>Sides:</u> Corn/ Cucumbers Fresh Oranges Or Apple Juice
07 WGR Chicken Nuggets/ Potato Chips Chicken & Cheese Salad/ (WGR) Bun (WGR PBJ/ GoGurt) <u>Sides:</u> Cooked Carrots/ Cucumbers F. Cocktail 1 Or Strawberry Apple Sauce (WGR) Pretzel Stick	08 (WGR) BBQ Chicken Sandwich Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/Yogurt <u>Sides:</u> Broccoli/ Carrot sticks Fresh Apples Or Orange Juice (WGR) Pretzel Stick	09 Seasoned Taco Meat/ Chips Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/ Yogurt <u>Sides:</u> Pinto Beans/Carrot Sticks Mandarin Oranges Or Pears	10 (WGR) Sloppy Joe/ Chips Chicken & Cheese salad/ (WGR) Bun (WGR) PBJ/ GoGurt <u>Sides:</u> Zucchini Or Carrot Sticks Cinnamon Apple Sauce Or Pineapples (WGR) Pretzel stick	11 Teacher Duty Day Student Holiday
14 Spring Holiday Begins	15 Spring Break	16 Spring Break	17 Spring Break	18 Classes Resume 03/21/2022
21 WGR Chicken Nuggets/ Potato Chips Chicken & Cheese Salad/ (WGR) Bun (WGR PBJ/ GoGurt) <u>Sides:</u> Cooked Broccoli/ Cucumbers F. Cocktail 1 Or Strawberry Apple Sauce (WGR) Pretzel Stick	22 Taco Tuesday Seasoned Turkey/ 6' Whole Corn Taco Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/ GoGurt <u>Sides:</u> Pinto Beans/ Carrot Sticks Peaches Or Pineapples	23 (WG) Chicken Hot Dog/ Chips Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/ GoGurt <u>Sides:</u> Mixed Vegetables/ Carrot sticks Mandarin Oranges Or Pears (WGR) Pretzel Stick	24 Chicken Cutlet/ WGR Bun Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/ GoGurt <u>Sides:</u> Fresh Zucchini / Carrot Sticks Fresh Apples Or Orange Juice (WGR) Pretzel Stick	25 (WGR) Cheese Filled Breadstick Marinara/ Chips Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/ GoGurt <u>Sides:</u> Corn/Cucumbers Fresh Oranges Or Apple Juice
28 WGR Chicken Nuggets/ Potato Chips Chicken & Cheese Salad/ WGR Bun (WGR PBJ/ GoGurt) <u>Sides:</u> Cooked Carrots/ Cucumbers F. Cocktail 1 Or Strawberry Apple Sauce (WGR) Pretzel Stick	29 (WGR) Sausage Pancake/GoGurt Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/Yogurt <u>Sides:</u> Pinto Beans/ Carrot sticks Peaches Or Pears	30 Mac & Cheese/ WGR Breadstick Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/ GoGurt <u>Sides:</u> Fresh Broccoli / Cucumbers Fresh Apples Or Orange Juice WGR Pretzel Stick	31 Breaded Chicken Sandwich((WG)Bun Chicken & Cheese salad/ (WGR) Bun (WGR) PBJ/ GoGurt <u>Sides:</u> Mixed Vegetables/ Cucumbers Cinnamon Apple Sauce Or Pineapples (WGR) Pretzel stick	04/01/2022 (WGR) Cheese Filled Breadstick Marinara/ Chips Chicken & Cheese Salad/ (WGR) Bun (WGR) PBJ/ GoGurt <u>Sides:</u> Corn/ Cucumbers Fresh Oranges Or Apple Juice