

**Each entrée comes with the following:**

\*1/2 Cup Vegetable, 1/2 Cup canned fruit,  
or Fresh fruit and/or 4oz. 100% Juice box  
\*8oz 1% Low Fat White or 0% Chocolate  
milk

\*\*Students have a choice of 5 lunch items,  
But MUST choose at least 3.

**Daily Menu:**

**Lunch Special of the Day**  
**Peanut Butter & Jelly Sandwich**  
**Romaine Salad Mix w/Meat & Cheese**  
**(WG) Roll**

**READING EDGE ACADEMY**

**&  
SAMSULA**

**January  
Lunch Menu 2022**



**Lunch prices are as follows:**

Students: \$2.50

Adults: \$3.25

Extra Entr'ee 1.50

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

(WGR)= Whole Grain Rich

(WW)= Whole Wheat

<b>Monday</b>	<b>TUES</b>	<b>WED</b>	<b>THURS</b>	<b>FRI</b>
<b>01/03/2022</b>  Classes Resume Tuesday 01/04/2022	<b>04</b>  (WW) All Beef Hot Dog  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/Yogurt  <u>Sides:</u> Mixed Vegetables/ Carrot sticks Peaches Or Pears	<b>05</b>  <b>(WGR) Beef Teriyaki /Breadstick</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ Yogurt  <u>Sides:</u> Garbanzo Beans/Carrot Sticks Pears Or Pineapples	<b>06</b>  <b>(WGR) BBQ Chicken</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR PBJ/ GoGurt  <u>Sides:</u> Zucchini/ Carrot sticks Fresh Apples Or Orange Juice	<b>07</b>  <b>(WGR) Cheese Filled Breadstick Marinara/ Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Corn/Cucumbers Mandarin Oranges Or Apple Juice
<b>10</b>  <b>WGR Chicken Nuggets/ Potato Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR PBJ/ GoGurt  <u>Sides:</u> Cooked Carrots/ Cucumbers F. Cocktail Or Strawberry Apple Sauce (WGR) Pretzel Stick	<b>11</b>  <b>Taco Tuesday</b> Seasoned Turkey/ 6' Whole Corn Taco  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Pinto Beans/ Carrot Sticks Peaches Or Pineapples	<b>12</b>  <b>(WG) Chicken Corn Dog/ GoGurt</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Mixed Vegetables/ Carrot sticks Applesauce Or Pears (WGR) Pretzel Stick	<b>13</b>  <b>Chicken Cutlet/WGR Bun</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Fresh Broccoli / Cucumbers Fresh Apples Or Orange Juice WGR Pretzel Stick	<b>14</b>  <b>(WGR) Cheese Filled Breadstick Marinara/ Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Corn/ Cucumbers Mandarin Oranges Or Apple Juice
<b>17</b>  <b>Martin Luther king's Birthday Student Holiday</b>	<b>18</b>  <b>WG Breaded Pork Patty Sandwich</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/Yogurt  <u>Sides:</u> Pinto Beans/ Carrot sticks Peaches Or Pears	<b>19</b>  <b>Mac &amp; Cheese/ WGR Breadstick</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Fresh Broccoli / Cucumbers Fresh Apples Or Orange Juice WGR Pretzel Stick	<b>20</b>  <b>Hamburger (WG) Bun</b>  Chicken & Cheese salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Mixed Vegetables/ Cucumbers Pineapples Or Apple Sauce (WGR) Pretzel stick	<b>21</b>  <b>(WGR) Cheese Filled Breadstick Marinara/ Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Corn/ Cucumbers Mandarin Oranges Or Apple Juice
<b>24</b>  <b>WGR Chicken Nuggets/ Potato Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR PBJ/ GoGurt  <u>Sides:</u> Cooked Carrots/ Cucumbers F. Cocktail Or Strawberry Apple Sauce (WGR) Pretzel Stick	<b>25</b>  (WW) All Beef Hot  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/Yogurt  <u>Sides:</u> Mixed Vegetables/ Carrot sticks Peaches Or Pears	<b>26</b>  <b>(WGR) Beef Teriyaki /Breadstick</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ Yogurt  <u>Sides:</u> Pinto Beans/Carrot Sticks Pineapples Or Peaches	<b>27</b>  <b>(WGR) BBQ Chicken</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR PBJ/ GoGurt  <u>Sides:</u> Zucchini/ Carrot sticks Fresh Apples Or Orange Juice	<b>28</b>  <b>(WGR) Cheese Filled Breadstick Marinara/ Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Corn/Cucumbers Mandarin Oranges Or Apple Juice
<b>31</b>  <b>WGR Chicken Nuggets/ Potato Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR PBJ/ GoGurt  <u>Sides:</u> Cooked Broccoli/ Cucumbers F. Cocktail 1 Or Strawberry Apple Sauce (WGR) Pretzel Stick	<b>02/01</b>  <b>Taco Tuesday</b> Seasoned Turkey/ 6' Whole Corn Taco  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Pinto Beans/ Carrot Sticks Peaches Or Pineapples	<b>02</b>  <b>(WG) Chicken Corn Dog/ GoGurt</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Mixed Vegetables/ Carrot sticks Applesauce Or Pears (WGR) Pretzel Stick	<b>03</b>  <b>Chicken Cutlet/WGR Bun</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Fresh Zucchini / Cucumbers Fresh Apples Or Orange Juice WGR Pretzel Stick	<b>04</b>  <b>(WGR) Cheese Filled Breadstick Marinara/ Chips</b>  Chicken & Cheese Salad/ (WGR) Bun  (WGR) PBJ/ GoGurt  <u>Sides:</u> Corn/Cucumbers Mandarin Oranges Or Apple Juice