

Each entrée comes with the following:

*1/2 Cup Vegetable, 1 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 4 Breakfast
items, But MUST choose at least 3.

Daily Menu:
Special of the Day
Or Assorted Whole Grain Cereal

READING EDGE ACADEMY
&
SAMSULA ACADEMY
January

Breakfast Menu
2022

Breakfast prices are as follows:

Students: \$1.00
Adults: \$2.00
Xtra Entr'ee 1.00
Small water: \$50 cents
Large Water: \$1.00
(CN)= Child Nutrition
(WG)= Whole Grain
(WGR)= Whole Grain Rich

MON	TUES	WED	THURSD	FRI
01/03/2022 Classes Resume 01/04/2022	01/04 WGR Popcorn Chicken Or Assorted (WG) Cereal <u>Sides:</u> 4 Oz. Cup of Fruit and 4 oz. Juice Tomato Soup	05 (WG) Cinnamon Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit (WGR) Pretzel Stick	06 (WG) Blueberry Muffin Or Assorted (WG) Cereal <u>Sides:</u> 4 Oz. Cup of Fruit and 4 Oz. Juice Tomato Soup	07 (WGR) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> 2/4 oz. cups of fruit
10 (WG) Banana Muffin Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit (WGR) Pretzel Stick	11 (WW) Chocolate Chip French Toast Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. cups of Fruit & 4 Oz Juice Tomato Soup	12 (WGR) Banana Bread Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit Tomato Soup	13 (WG) Blueberry Pop tart Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. Cup Fruit and 4 oz. Juice (WG) Pretzel Stick	14 (WGR) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> 2/4 oz. cups of fruit
17 Martin Luther King's Birthday Student Holiday	18 (WG) Strawberry Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. cup of Fruit and 4 oz. 100% Juice (WGR) Pretzel Stick	19 Egg Sandwich/ (WG) Roll/ Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit Tomato Soup	20 (WG) Apple Cinnamon Muffin Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. Cup Fruit and 4 oz. 100% Juice (WG) Pretzel Stick	21 (WGR) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> 2/4 oz. cups of fruit
24 (WG) Banana Muffin Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit (WGR) Pretzel Stick	25 Popcorn Chicken Or Assorted (WG) Cereal <u>Sides:</u> 4 Oz. Cup of Fruit and 4 oz. Juice Tomato Soup	26 (WG) Cinnamon Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit (WGR) Pretzel Stick	27 (WG) Blueberry Muffin Or Assorted (WG) Cereal <u>Sides:</u> 4 Oz. Cup of Fruit and 4 Oz. Juice Tomato Soup	28 WGR) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> 2/4 oz. cups of fruit
31 (WG) Banana Muffin Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit (WGR) Pretzel Stick	02/01 (WW) Chocolate Chip French Toast Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. cups of Fruit & 4 Oz Juice Tomato Soup	02 (WGR) Banana Bread Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit Tomato Soup	03 (WG) Blueberry Pop tart Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. Cup of Fruit and 4 oz. Juice (WG) Pretzel Stick	04 (WGR) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> 2/4 oz. cups of fruit

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