

Each entrée comes with the following:

*1/2 Cup Vegetable, 1 Cup canned fruit,
or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate
milk

**Students have a choice of 4 Breakfast
items, But MUST choose at least 3.

Daily Menu:

Special of the Day
Or Assorted Whole Grain Cereal

READING EDGE ACADEMY
&
SAMSULA ACADEMY
April

Breakfast Menu
2022

Breakfast prices are as follows:

Students: \$1.00

Adults: \$2.00

Xtra Entr'ee 1.00

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

(WGR)= Whole Grain Rich

MON	TUES	WED	THURSD	FRI
04/04/ 2022 (WG) Banana Muffin Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit (WGR) Pretzel Stick	05 (WG) Strawberry Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. cup of Fruit and 4 oz.100% Juice (WGR) Pretzel Stick	06 Egg Sandwich/ (WG) Roll/ Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit Tomato Soup	07 (WG) Apple Cinnamon Muffin Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. .Cup Fruit and 4 oz.100% Juice (WG) Pretzel Stick	08 (WGR) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> 2/4 oz. cups of fruit
11 (WG) Banana Muffin Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit (WGR) Pretzel Stick	12 Popcorn Chicken Or Assorted (WG) Cereal <u>Sides:</u> 4 Oz. Cup of Fruit and 4 oz. Juice Tomato Soup	13 (WG) Cinnamon Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit (WGR) Pretzel Stick	14 (WG) Blueberry Muffin Or Assorted (WG) Cereal <u>Sides:</u> 4 Oz. Cup of Fruit and 4 Oz.Juice Tomato Soup	15 (WGR) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> 2/4 oz. cups of fruit
18 (WG) Banana Muffin Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit (WGR) Pretzel Stick	19 (WW) Chocolate Chip French Toast Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. cups of Fruit & 4 Oz Juice Tomato Soup	20 (WGR) Banana Bread Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit Tomato Soup	21 (WG) Blueberry Pop tart Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. Cup of Fruit and 4 oz. Juice (WG) Pretzel Stick	22 (WGR) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> 2/4 oz. cups of fruit
25 (WG) Banana Muffin Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit (WGR) Pretzel Stick	26 (WG) Strawberry Pop Tart Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. cup of Fruit and 4 oz.100% Juice (WGR) Pretzel Stick	27 Egg Sandwich/ (WG) Roll/ Or Assorted (WG) Cereal <u>Sides:</u> 2/ 4 oz. cups of Fruit Tomato Soup	28 (WG) Apple Cinnamon Muffin Or Assorted (WG) Cereal <u>Sides:</u> 4 oz. .Cup Fruit and 4 oz.100% Juice (WG) Pretzel Stick	29 (WGR) Cinnamon Roll Or Assorted (WG) Cereal <u>Sides:</u> 2/4 oz. cups of fruit

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