

**Each entrée comes with the following:**

\*1/2 Cup Vegetable, 1/2 Cup canned fruit,  
or Fresh fruit and/or 4oz. 100% Juice box  
\*8oz 1% Low Fat White or 0% Chocolate  
milk

\*\*Students have a choice of 5 lunch items,  
But MUST choose at least 3.

**Daily Menu:**

Lunch Special of the Day  
Peanut Butter & Jelly Sandwich  
Romaine Salad Mix w/Meat & Cheese  
w/WG Roll

**READING EDGE ACADEMY**  
&  
**SAMSULA ACADEMY**  
**November**  
**Breakfast Menu**  
**2020/2021**

Lunch prices are as  
follows:

Students: \$1.50  
Adults: \$2.00  
Xtra Entr'ee 1.00  
Small water: \$50 cents  
Large Water: \$1.00  
(CN)= Child Nutrition  
(WG)= Whole Grain

MON	TUES	WED	THURSD	FRI
02  Brownie Muffin Or Assorted Cereal/ Yogurt  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice (WG) Pretzel Stick	03  Teacher Duty Day Student Holiday	04  (WG) Cinnamon Pop Tart /Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Banana Yogurt Canned Fruit Or 100% Juice V8 Juice	05  (WG) Popcorn Chicken / Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG Pretzel Stick	06  (WG) Cinnamon Roll/GoGurt Or Assorted (WG) Cereal/ Strawberry Banana Yogurt  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice
09  (WG) Chicken Sausage Pancake Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WGR) Pretzel Stick	10  (WG) Strawberry Pop Tart/ Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WGR) Pretzel Stick	11  Veterans Day Holiday	12  (WG) Mini Waffles/ Syrup  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice	13  (WG) Cinnamon Roll/GoGurt Or Assorted (WG) Cereal/ Strawberry Banana Yogurt  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice
16  Brownie Muffin Or Assorted Cereal/ Yogurt  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice (WG) Pretzel Stick	17  (WGR) Banana Bread  Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	18  (WG) Cinnamon Pop Tart /Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Banana Yogurt Canned Fruit Or 100% Juice V8 Juice	19  (WG) Popcorn Chicken / Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG Pretzel Stick	20  (WG) Cinnamon Roll/GoGurt Or Assorted (WG) Cereal/ Strawberry Banana Yogurt  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice
23  (WG) Chicken Sausage Pancake Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WGR) Pretzel Stick	24  (WG) Strawberry Pop Tart/ Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice (WGR) Pretzel Stick	25  Egg Sandwich/ (WGR) Roll Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice	26  (WG) Mini Waffles/ Syrup  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice	27  (WG) Cinnamon Roll/GoGurt Or Assorted (WG) Cereal/ Strawberry Banana Yogurt  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice
30  Brownie Muffin Or Assorted Cereal/ Yogurt  <u>Sides:</u> Strawberry GoGurt Canned Fruit Or 100% Juice 100% Vegetable Juice (WG) Pretzel Stick	12/01  (WGR) Banana Bread  Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG) Pretzel Stick	02  (WG) Cinnamon Pop Tart /Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Banana Yogurt Canned Fruit Or 100% Juice V8 Juice	03  (WG) Popcorn Chicken / Or Assorted (WG) Cereal  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice (WG Pretzel Stick	04  (WG) Cinnamon Roll/GoGurt Or Assorted (WG) Cereal/ Strawberry Banana Yogurt  <u>Sides:</u> Strawberry Go Gurt Canned Fruit Or 100% Juice

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