

**Each entrée comes with the following:**

\*1/2 Cup Vegetable, 1/2 Cup canned fruit,  
or Fresh fruit and/or 4oz. 100% Juice box  
\*8oz 1% Low Fat White or 0% Chocolate  
milk

\*\*Students have a choice of 5 lunch items,  
But MUST choose at least 3.

**Daily Menu:**

**Lunch Special of the Day**  
**Peanut Butter & Jelly Sandwich**  
**Romaine Salad Mix w/Meat & Cheese**  
**(WG) Roll**

**READING EDGE ACADEMY**

**&**

**SAMSULA**

**August / September**  
**Lunch Menu 2020/21**



**Lunch prices are as follows:**

Students: \$2.50

Adults: \$3.25

Extra Entr'ee 1.50

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

(WGR)= Whole Grain Rich

(WW)= Whole Wheat

	TUES	WED	THURS	FRI
<b>08/31</b>  <b>Breaded Chicken Patty/ (WGR) Roll</b>  Chicken & Cheese salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Cooked Carrots/ Cucumbers Pears Or Pineapples (WGR) Pretzel stick	<b>09/01</b>  <b>WG Breaded Mozzarella Cheese Sticks</b> <b>With Marinara/ Potato Chips</b>  Chicken & Cheese Salad / (WGR) Breadstick  (WGR) PBJ/ Yogurt  <b>Sides:</b> Garbanzo Beans/ Cucumbers Fresh Apples or Orange Juice	<b>02</b>  <b>(WG) Chicken Corn Dog/ GoGurt</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Zucchini/ Carrot sticks Pears Or Pineapples (WGR) Pretzel Stick	<b>03</b>  <b>(WG) Chicken Nuggets/ Potato Chips</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR PBJ/ GoGurt  <b>Sides:</b> Fresh Broccoli/ Cucumbers Mixed Fruit or Strawberry Applesauce (WGR) Pretzel Stick	<b>04</b>  <b>(WW) Cheddar Cheese Con Queso</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Corn/ Carrot Sticks Fresh Oranges or Apple Juice
<b>07</b>  <b>Labor Day Holiday</b>	<b>08</b>  <b>Taco Tuesday!!</b>  <b>Seasoned Turkey/ 6' hard corn shell</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ Yogurt  <b>Sides:</b> Garbanzo Beans/ Cucumbers Peaches Or Apple Sauce	<b>09</b>  <b>(WG) Mac &amp; Cheese</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Fresh Broccoli / Cucumbers F. Cocktail /Mandarin Oranges (WGR) Pretzel Stick	<b>10</b>  <b>Hamburger (WG) Bun</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Cooked Carrots /Cucumbers Pears Or Pineapples (WGR) Pretzel Stick	<b>11</b>  <b>(WW) Cheddar Cheese Con Queso</b>  Chicken & Chee Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Corn / Carrot Sticks Fresh Apples or Orange Juice
<b>14</b>  <b>Breaded Chicken Patty/ (WG) Roll</b>  Chicken & Cheese salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Cooked Carrots/ Cucumbers Pears Or Pineapples (WGR) Pretzel stick	<b>15</b>  <b>Seasoned Beef/ Whole Corn Tostito's</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ Yogurt  <b>Sides:</b> Garbanzo Beans/ Cucumbers Peaches Or Apple Sauce	<b>16</b>  <b>(WW) Chicken Hot Dog/ Yogurt</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Zucchini/ Carrot sticks Pears Or Pineapples (WGR) Pretzel Stick	<b>17</b>  <b>(WG) Chicken Nuggets/ Potato Chips</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR PBJ/ GoGurt  <b>Sides:</b> Fresh Broccoli/ Cucumbers Mixed Fruit or Strawberry Applesauce (WGR) Pretzel Stick	<b>18</b>  <b>(WW) Cheddar Cheese Con Queso</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Corn/ Carrot Sticks Fresh Oranges or Apple Juice
<b>21</b>  <b>Teriyaki Chicken/ (WG) Roll</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Fresh Zucchini/ Carrot Sticks Mixed Fruit Or 100% Juice (WGR) Pretzel Stick	<b>22</b>  <b>WG Breaded Mozzarella Cheese Sticks</b> <b>With Marinara/ Potato Chips</b>  Chicken & Cheese Salad / (WGR) Breadstick  (WGR) PBJ/ Yogurt  <b>Sides:</b> Garbanzo Beans/ Cucumbers Fresh Apples or Orange Juice	<b>23</b>  <b>(WG) Mac &amp; Cheese</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ Go Gurt  <b>Sides:</b> Fresh Broccoli / Cucumbers F. Cocktail /Mandarin Oranges (WGR) Pretzel Stick	<b>24</b>  <b>Hamburger (WG) Bun</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Cooked Carrots /Cucumbers Pears Or Pineapples (WGR) Pretzel Stick	<b>25</b>  <b>(WW) Cheddar Cheese Con Queso</b>  Chicken & Chee Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Corn / Carrot Sticks Fresh Apples or Orange Juice
<b>28</b>  <b>Breaded Chicken Patty/ (WGR) Roll</b>  Chicken & Cheese salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Cooked Carrots/ Cucumbers Pears Or Pineapples (WGR) Pretzel stick	<b>29</b>  <b>Taco Tuesday!!</b>  <b>Seasoned Turkey/ 6' hard corn shell</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ Yogurt  <b>Sides:</b> Garbanzo Beans/ Cucumbers Peaches Or Apple Sauce	<b>30</b>  <b>(WG) Chicken Corn Dog/ GoGurt</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Zucchini/ Carrot sticks Pears Or Pineapples (WGR) Pretzel Stick	<b>10/01</b>  <b>(WG) Chicken Nuggets/ Potato Chips</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR PBJ/ GoGurt  <b>Sides:</b> Fresh Broccoli/ Cucumbers Mixed Fruit or Strawberry Applesauce (WGR) Pretzel Stick	<b>02</b>  <b>(WW) Cheddar Cheese Con Queso</b>  Chicken & Cheese Salad/ (WGR) Breadstick  (WGR) PBJ/ GoGurt  <b>Sides:</b> Corn/ Carrot Sticks Fresh Oranges or Apple Juice